

First 5 Commission of San Diego

April 16, 2020

Staff Report

Updates Since Last Report

Health

- Healthy Development Services (HDS)

- HDS Countywide Coordinator: American Academy of Pediatrics (AAP)

The American Academy of Pediatrics has provided technical assistance to the HDS Regions on how to continue to serve families during COVID-19.

The American Academy of Pediatrics presented at the 2020 Child Health, Education, and Care Summit held February 3 to 5, 2020 in Irvine CA. The presentation: The Parallel Relationship Between System coordination and Care Coordination to Promote Children's Optimal Development addressed the importance of coordination strategies in a large system of care that increases engagement among service providers and parents impacting the outcome of at-risk children.

- KidSTART

- KidSTART in partnership with DSEP, HDS and Regional Center will be presenting at the Early Start Partners Symposium 2020 on May 4 & 5. The presentation will demonstrate the continuum of care in San Diego County that support families in the foster care system.

- Oral Health Initiative (OHI)

- Due to the COVID-19 outbreak, many health centers are following the March 16th California Dental Association's guidance to only do emergency dental visits until further notice.

Learning

- Quality Preschool Initiative

- The QPI contract is sunseting on June 30, 2020. On January 16,2020, the Commission approved a sole source contract with the San Diego County Superintendent of Schools (dba San Diego County Office of Education (SDCOE)) for the Learn Well Initiative. The Learn Well Initiative contract period will be from July 1, 2020 through June 30, 2025. The new contract will continue this important work.
- SDCOE hosted the Early Years conference in March of 2020. The theme for the 2020 conference was Integrating STEAM into the Early Childhood Education Setting (STEAM: Science-Technology-Engineering-Art-Mathematics).
- The Quality Counts CA Consortium has been meeting monthly to ensure that there is alignment with all the QRIS efforts funded by the CDE, First 5 SD and First 5 CA.
- Due to the COVID-19 outbreak, SDCOE contractor representatives have been meeting virtually with their team and going through the entire statement of work with providers and with

subcontractors to determine what is affected by the closure. SDCOE continues to provide services remotely whenever able to do so.

- IMPACT Family Connections

- Due to the COVID-19 outbreak, YMCA-CRS has suspended all in-person training to the home visitors and family childcare home providers. However, YMCA-CRS continues to engage and provide virtual support via email and phone.

Family

- First 5 First Steps (Home Visiting Initiative)

- In an effort to boost First Steps CalWORKS enrollment, First 5 Projects Coordinator Juanita Garcia and Program Manager Tess Perez connected with HHSA Eligibility Operations Deputy Director Alberto Banuelos to discuss additional outreach opportunities. As a result, First Steps outreach material will now be included in CalWORKS application packets. In addition, Eligibility Operations will develop a text message that can be tailored and sent to all eligible families.

- First Steps Countywide Coordinator: American Academy of Pediatrics (AAP)

- The American Academy of Pediatrics has developed new outreach materials consistent with modern marketing practices, including a Give One - Take One business card that clients can pass out to friends and family.

Community

- Community Engagement and Event Sponsorships

First 5 San Diego is proud to have sponsored or participated in the following **10** community outreach events reaching approximately **18,000** San Diegans:

- **January 26, 2020 – 35th Annual San Diego International Conference on Child and Family Maltreatment. (Sponsor)**
- **February 1, 2020 – It's How We Live! Lakeside (Sponsor)**
- **February 9, 2020 – San Diego Family Fun Fest (Sponsor)**
- **February 23, 2020 – Winners Read Together (Sponsor)**
- February 27, 2020 – USO Military Baby Shower(s) (Participated)
- March 4, 2020 – Kinder Gear Up Imperial Beach (Participated)
- March 5, 2020 – Kinder Gear Up Santee (Participated)
- March 6-7, 2020 – 17th Annual Early Years Conference (Partnered)
- **March 7, 2020 – 11th Annual Read and Romp (Sponsor)**
- **March 8, 2020 – 8th Annual International Mariachi Festival (Sponsor)**

Administration

- Evaluation

- The dashboard for the second quarter of FY 2019 - 20 is included in the Executive Director's report as item 9-2.

- Work has started (but it is on hold) with Harder+Co and SDCOE on an Early Childhood Mental Health pilot during the FY 2019 - 20 program year. The pilot will support a cadre of providers in accessing direct behavior supports for children in center-based programming.
- The ASQ study has started (but it is on hold). It is being conducted by Harder+Co for YMCA IMPACT provider:
 - Analyze and describe the ASQ-3 and ASQ-SE screening results of children who were screened by a CRS IMPACT site.
 - Determine whether children whose ASQ screening indicated a concern were referred to external support services.
 - Understand CRS providers' experiences administering the ASQ and discussing the results with families and any impact the tool has had on their early care and education practices.
- Finance Committee
 - The Finance Committee met on March 10, 2020. The committee reviewed the FY 2020-21 Operating Budget, Sustainability Fund Budget, updated Financial Spending Plan, and included the Balance Sheet as of February 29, 2020.
- First 5 Networking / Administrative Updates / Professional Development
 - Executive Director Arguilez has been engaged with a local Child Care (ECE) Taskforce that emerged since the COVID19 response occurred, daily meetings began on Monday, 3/16. Issues that are being coordinated include timely updates to providers and families. Making sure families and providers are connected for their childcare needs. Daily communication updates with the County Emergency Operation Center to ensure childcare / ECE needs are communicated.
 - Executive Director Arguilez has been supporting the EOC as a co-lead in the Education Sector focusing on inquiries from the community related to childcare.
 - Executive Director Arguilez held internal planning meetings with Consultant, Andy Pendoley, to prepare for upcoming Strategic Planning efforts related to the new strategic directions: Resilient Families, Coordinated Systems of Care, Integrated Leadership and Sustained Funding. The working session that was planned has been postponed ensuring that all commissioners are present for the initial discussion.
 - Executive Director Arguilez will be supporting the annual March of Dimes March for Babies as the fundraising chair for a 2nd year. The kickoff event was scheduled for February 20th and the actual walk is scheduled for April 25, 2020 in Balboa Park and will be a virtual event due to Covid19.
 - Executive Director Arguilez continues to work with the San Diego County Office of Education on the new Learn Well quality early learning initiative that is set to launch in July 2020.
 - Executive Director Arguilez continues to represent First 5 San Diego in the following community engagement efforts:
 - Child and Family Strengthening Advisory Board and Subcommittee focusing on Organizational Structure
 - SDSU College of Education Dean Advisory Board
 - San Diego ECE Coalition
 - San Diego Child Care and Planning Council
 - First 5 Association Public Policy Committee Southern California Representative
 - Diamond Education Excellence Partnership
 - San Diego Grantmakers Early Education Funders Group
 - YMCA Partners in Prevention

Background on First 5 San Diego Commission's Current Projects

2-1-1 INFORMATION AND REFERRAL

2-1-1 San Diego is a free 24-hour phone service and online database that connects people with community resources. 2-1-1 also operates a First 5 San Diego Warm Line that assists parents of children ages zero through five with locating services and resources for their families.

CHILDHOOD INJURY PREVENTION PROGRAM

The Childhood Injury Prevention Program educates parents, caregivers and early childhood education staff about childhood injury prevention strategies to make homes, automobiles and communities safer for children ages zero through five.

FIRST 5 FIRST STEPS

First 5 First Steps (F5FS) provides countywide home visitation services to specific high-risk target populations including pregnant and parenting teens, military, refugee/immigrant and low-income families using the Healthy Families America (HFA) model and the Parents as Teachers (PAT) curriculum.

GOOD START FOR WOMEN + CHILDREN

The Good Start for Women + Children Program is a partnership with the Jacobs & Cushman San Diego Food Bank to provide pregnant women and children ages five and under in high-need communities with a monthly food package and First 5 San Diego parent education materials.

HEALTHY DEVELOPMENT SERVICES

Healthy Development Services (HDS) is an array of services for early identification and treatment of children with mild to moderate developmental delays. Services include assessment and treatment for behavioral and developmental concerns (including speech and language), parent education and Care Coordination to all families receiving HDS services.

IMPACT FAMILY CONNECTIONS

IMPACT Family Connections is a partnership with the YMCA Childcare Resource Service (CRS) that assists Family Child Care Home (FCCH) providers to implement developmental screenings and clearly articulated referral pathways for services. The program also provides training and technical assistance to home visitors across San Diego County to enhance families' knowledge about quality early childhood education settings.

IMPACT BREASTFEEDING-FRIENDLY ENVIRONMENT PROGRAM FOR CHILDCARE FACILITIES

Through IMPACT funding, the goal of this program is to increase access to environments that support the initiation and duration of breastfeeding. Specifically, services will work to increase the number of baby-friendly childcare facilities, helping them adopt and implement policies supportive of breastfeeding and lactation accommodation.

KIDSTART

KidSTART is an integrated program within First 5 San Diego and HHSA Behavioral Health Services to support children with complex needs. The KidSTART Center performs triage, assessment, referrals and treatment for children with multiple, complex delays, and disorders. The KidSTART Clinic provides comprehensive behavioral and social-emotional clinical treatment (First 5 San Diego funding supports the Center only).

KIT FOR NEW PARENTS

The Kit for New Parents is a free, comprehensive resource from First 5 California for new and expectant parents emphasizing the importance of a child's early years. Kits are distributed countywide and are available in English, Spanish, Vietnamese, Cantonese and Korean.

MATERNITY SHELTER PROGRAM

MSP assists these young women who are homeless, or at risk of becoming homeless, develop the skills necessary to live independently while providing a safe and stable home for themselves and their children.

MI ESCUELITA THERAPEUTIC PRESCHOOL

Mi Escuelita provides a therapeutic preschool experience for young children who have been exposed to domestic violence and abuse.

ORAL HEALTH INITIATIVE

The Oral Health Initiative (OHI) provides oral health services, care coordination and preventative education to children ages birth through five and pregnant women with the goal of improving oral health, promoting positive oral health practices and increasing provider capacity. OHI also offers offsite dental services utilizing place-based portable dental services technology at targeted First 5 San Diego Quality Preschool Initiative (QPI) preschools.

QUALITY PRESCHOOL INITIATIVE

The Quality Preschool Initiative (QPI) is a systemic approach to assess, improve and communicate the level of quality in early care and education programs.