

First 5 Commission of San Diego

January 16, 2020

Staff Report

Updates Since Last Report

Health

- Healthy Development Services (HDS)

- North Coastal Region: Rady Children's Hospital (RCH)

The North Coastal HDS Manager and Lead Behavior Specialist met with leadership from Solutions for Change (SFC). SFC provides transitional housing for homeless families and offers education to equip families with the skills necessary to create a foundation for independence and employment. This meeting provided the opportunity to plan for ongoing collaboration for behavior services on-site for resident parents who would otherwise have difficulty accessing HDS services. SFC leadership shared overwhelmingly positive feedback from staff and residents about the first series of behavior sessions held at the facility. A total of 12 families attended the first series and consultations and reported feeling increased confidence with their ability to respond to behavior challenges that commonly occur in transitional housing.

- Central – Family Health Centers of San Diego (FHC)

The Maternal Depression Program's Family Celebration Event was held Saturday December 14th, 2019. There was a total of 18 attendees which represented 6 families. The purpose of the event is to recognize and celebrate "mom's" journey to feeling better, to highlight the role that the family plays to support mother's wellbeing, to review the importance of self-care, to create value in spending time as a family in a joyful event, sharing a meal and creating new memories through crafts and play.

- East – Family Health Centers of San Diego (FHC)

FHC initiated a conference call with Stacey Hardifer who is the new Program Manager for the San Diego Regional Center. The conversation included opportunities to work collaboratively to better assist vulnerable Arabic and Farsi speaking families. The opportunity to establish a single point of contact for those families identified by HDS program staff was also discussed.

- HDS Countywide Coordinator: American Academy of Pediatrics (AAP)

The American Academy of Pediatrics has provided technical assistance to the HDS Regions because of the FY 20/21 budget reductions. The HDS Coordinator has been working on making sure there is fidelity and consistency to the program within the regions.

The American Academy of Pediatrics was selected to present at the 2020 Child Health, Education, and Care Summit to be held February 3 to 5, 2020 in Irvine CA. The presentation: The Parallel Relationship Between System coordination and Care Coordination to Promote Children's Optimal Development will address the importance of coordination strategies in a large system of care that increases engagement among service providers and parents impacting the outcome of at-risk children.

- Oral Health Initiative (OHI)
 - Health Quality Partners (HQP), the countywide coordinator for OHI, submitted some proposed changes to the budget and scope of work for the next fiscal year in follow-up to a meeting regarding the 2020 - 21 fiscal year budget reduction. The proposal was negotiated and accepted. HQP is currently working on discussing the OHI changes beyond June 2020 with the subcontractors.

Learning

- Quality Preschool Initiative
 - SDCOE has hired a new QPI Director to oversee the First 5 SD contract.
 - QPI Participating agencies received joint notification from First 5 SD and SDCOE in December 2019 notifying them of the budgetary reductions as a result of 2020-2025 program reductions. There is a meeting scheduled for January 17th with QPI agency directors; they will have an opportunity to discuss with Executive Director Arguilez upcoming changes to the First 5 SD quality early learning investments for 2020-2025.
 - First 5 California (F5CA) and the CA Dept. of Education will be entering into a joint funding endeavor as it relates to Quality Early Learning endeavors statewide. This approach will integrate all QCC funding streams into one RFA. The goal is to release the Quality Counts California (QCC) Local Consortia and Partnership Grant RFA which will include First 5 CA IMPACT 2020, the California Department of Education (CDE) QCC Block Grant (now including the California Migrant Program (CMIG) Block Grant), and the CDE CSPP QRIS Block Grant into one RFA.
 - As a result of the new approach to have one integrated RFA from the CDE and First 5 CA, the IMPACT funds RFA will be delayed and is anticipated to be released in late Spring 2020.
 - The Quality Counts CA (QCC) Consortium held a retreat in November 2019 with all member agencies present to plan for upcoming QCC local endeavors that are supported by funding made available by the CDE, First 5 CA and First 5 SD.
 - The Quality Counts CA Consortium has been meeting monthly to ensure that there is alignment with all the QRIS efforts funded by the CDE, First 5 SD and First 5 CA.
 - The Quality Preschool Initiative (QPI) continues to positively impact the growth and development of preschool-aged children to ensure that they have the foundation that they need to transition to kindergarten and experience success in preschool to become life-long learners.

Family

- First 5 First Steps (First Steps)
 - In an effort to boost First Steps CalWORKS enrollment, First 5 SD Executive Director Arguilez connected with HHSA Eligibility Operations and Regional Operations to collaborate with the Family Resource Center (FRC) managers to increase awareness of the program among FRC staff.
 - Technical assistance for the FY 20/21 budget has been provided to all regions by AAP and First 5 SD. Targets, evaluation spending and other budget specific topics were addressed.
- F5FS Countywide Coordinator: American Academy of Pediatrics (AAP)
 - The American Academy of Pediatrics was selected to present at the 2020 Child Health, Education, and Care Summit to be held in Irvine CA on February 3rd to February 5th of this year. The presentation title is Establishing a Framework for a Culturally Responsive Training Plan. This interactive session will present the training system developed by First 5 First Steps, a family support

service program in San Diego County. The program is an accredited multi-site affiliate of Healthy Families America (HFA) that serves families of very diverse cultural backgrounds, including military, teens, immigrants, and refugees. Program leadership has developed a continuously improving training curriculum for its workforce that includes soliciting feedback from staff at all levels.

Community

- Community Engagement and Event Sponsorships

First 5 San Diego is proud to have sponsored or participated in the following **3** community outreach events reaching approximately **2,750** people:

- **December 7, 2019 – Jingle Bell Run/Walk 5K – Sponsored**
- December 7, 2019 – Self-Care & Wellness Fair – Participated
- December 14, 2019 – Friends Helping Friends Wellness Fair – Participated

Administration

- Evaluation

- Continued efforts to prepare for a future longitudinal study are underway. The initial report titled **A Successful Approach to Connecting Early Childhood and Elementary School Data** highlights SDCOE's efforts to engage local school districts for student data matching and the ability to track students' academic success beyond preschool. This report was made possible through support from the San Diego Foundation.
- Work is ongoing with Harder+Co and SDCOE on an **Early Childhood Mental Health** pilot during the FY 2019 - 20 program year. The pilot will support a cadre of providers in accessing direct behavior supports for children in center-based programming.

- Finance Committee

- The Finance Committee met on January 14, 2020 at which time the committee reviewed the 2nd quarter expenditure projections and Balance Sheet as of December 31, 2019.

- First 5 Networking / Administrative Updates / Professional Development

- Executive Director Arguilez is working with Public Health Services Home Visiting administration in support of alignment with First 5 Home Visiting services throughout the county.
- Executive Director Arguilez participated in the Annual First 5 Association Summit convening in December 2019 that focused on building the network of First 5 Commissions statewide.
- Executive Director Arguilez helped coordinate with the First 5 Association and the United Way on a Census 2020 event on January 14th, focusing on children ages 0-5 years throughout San Diego. The event convened community partners that work directly with families to engage them in the Census 2020.
- Executive Director Arguilez and First 5 Program Staff will be attending the Semi-annual First 5 CA summit in February 2020 as part of ongoing professional development and networking among Statewide commissions.
- Executive Director Arguilez continues to represent First 5 San Diego in the following community engagement efforts:
 - Child and Family Strengthening Advisory Board and Subcommittee focusing on Organizational Structure.
 - SDSU College of Education Dean Advisory Board
 - San Diego ECE Coalition
 - San Diego Child Care and Planning Council

- First 5 Association Public Policy Committee Southern California Representative
 - Diamond Education Excellence Partnership
 - San Diego Grantmakers Early Education Funders Group
 - Strong Families Thriving Communities
 - YMCA Partners in Prevention (overview provided for reference)
- Executive Director Arguilez will be supporting the annual March of Dimes March for Babies as the fundraising chair for a 2nd year. The kickoff event has been scheduled for February 20th and the actual walk is scheduled for April 25, 2020 in Balboa Park.
 - Executive Director Arguilez will be working with the San Diego County Office of Education to present to the Quality Preschool Initiative (QPI) participating agencies about the upcoming budgetary impact of the 2020 – 2025 funding cycle. All agencies were notified by SDCOE in December of the anticipated reductions. The QPI meeting is scheduled for January 17, 2020.

Background on First 5 San Diego Commission's Current Projects

2-1-1 INFORMATION AND REFERRAL

2-1-1 San Diego is a free 24-hour phone service and online database that connects people with community resources. 2-1-1 also operates a First 5 San Diego Warm Line that assists parents of children ages zero through five with locating services and resources for their families.

CHILDHOOD INJURY PREVENTION PROGRAM

The Childhood Injury Prevention Program educates parents, caregivers and early childhood education staff about childhood injury prevention strategies to make homes, automobiles and communities safer for children ages zero through five.

FIRST 5 FIRST STEPS

First 5 First Steps (F5FS) provides countywide home visitation services to specific high-risk target populations including pregnant and parenting teens, military, refugee/immigrant and low-income families using the Healthy Families America (HFA) model and the Parents as Teachers (PAT) curriculum.

GOOD START FOR WOMEN + CHILDREN

The Good Start for Women + Children Program is a partnership with the Jacobs & Cushman San Diego Food Bank to provide pregnant women and children ages five and under in high-need communities with a monthly food package and First 5 San Diego parent education materials.

HEALTHY DEVELOPMENT SERVICES

Healthy Development Services (HDS) is an array of services for early identification and treatment of children with mild to moderate developmental delays. Services include assessment and treatment for behavioral and developmental concerns (including speech and language), parent education and Care Coordination to all families receiving HDS services.

IMPACT FAMILY CONNECTIONS

IMPACT Family Connections is a partnership with the YMCA Childcare Resource Service (CRS) that assists Family Child Care Home (FCCH) providers to implement developmental screenings and clearly articulated referral pathways for services. The program also provides training and technical assistance to home visitors across San Diego County to enhance families' knowledge about quality early childhood education settings.

IMPACT BREASTFEEDING-FRIENDLY ENVIRONMENT PROGRAM FOR CHILDCARE FACILITIES

Through IMPACT funding, the goal of this program is to increase access to environments that support the initiation and duration of breastfeeding. Specifically, services will work to increase the number of baby-friendly childcare facilities, helping them adopt and implement policies supportive of breastfeeding and lactation accommodation.

KIDSTART

KidSTART is an integrated program within First 5 San Diego and HHSA Behavioral Health Services to support children with complex needs. The KidSTART Center performs triage, assessment, referrals and treatment for children with multiple, complex delays, and disorders. The KidSTART Clinic provides comprehensive behavioral and social-emotional clinical treatment (First 5 San Diego funding supports the Center only).

KIT FOR NEW PARENTS

The Kit for New Parents is a free, comprehensive resource from First 5 California for new and expectant parents emphasizing the importance of a child's early years. Kits are distributed countywide and are available in English, Spanish, Vietnamese, Cantonese and Korean.

MATERNITY SHELTER PROGRAM

MSP assists these young women who are homeless, or at risk of becoming homeless, develop the skills necessary to live independently while providing a safe and stable home for themselves and their children.

MI ESCUELITA THERAPEUTIC PRESCHOOL

Mi Escuelita provides a therapeutic preschool experience for young children who have been exposed to domestic violence and abuse.

ORAL HEALTH INITIATIVE

The Oral Health Initiative (OHI) provides oral health services, care coordination and preventative education to children ages birth through five and pregnant women with the goal of improving oral health, promoting positive oral health practices and increasing provider capacity. OHI also offers offsite dental services utilizing place-based portable dental services technology at targeted First 5 San Diego Quality Preschool Initiative (QPI) preschools.

QUALITY PRESCHOOL INITIATIVE

The Quality Preschool Initiative (QPI) is a systemic approach to assess, improve and communicate the level of quality in early care and education programs.