

FIRST 5 COMMISSION OF SAN DIEGO
First 5 Commission Meeting
1600 Pacific Highway, Room 302/303
San Diego, CA 92101

Members Present:

Kristin Gaspar, Chairwoman
Carol Skiljan, Vice-Chair
Sandra McBrayer, Secretary
Dr. Wilma Wooten
Nick Macchione

Staff Present:

Alethea Arguilez, Executive Director
Martin Cherry, Operations Administrator
Christi Knight, Legislative Analyst
Kyle Sand, Sr. Deputy County Counsel
Karen Hays, Administrative Secretary III

Minutes for November 14, 2019

Call to Order

Chairwoman Gaspar called the meeting of the First 5 Commission of San Diego to order at 10:00 a.m.

Approval of the Commission Meeting Minutes from October 10, 2019

ON MOTION OF Commissioner McBrayer, seconded by Commissioner Macchione, the Commission approved the Minutes of October 10, 2019.

AYES: Gaspar, Skiljan, Macchione, Wooten, McBrayer
ABSENT: None
ABSTAIN: None
NOES: None

Opportunity for Public Comments

- Elise Ortega, Vista Unified School District Teen Parent Program, voiced her appreciation of the Healthy Development Services program and gave examples of its success in helping vulnerable children and their families.
- Kim Thomas, American Academy of Pediatrics and Project Director of the First 5 First Steps Coordination Team, thanked the Commission for investing in San Diego County's children and families and supporting the Home Visiting Initiative.
- Heidi Lang, Executive Director at March of Dimes, spoke about the partnership between March of Dimes and First 5 San Diego.

Commissioner Recusal Reminder

Chairwoman Gaspar reminded all Commissioners to recuse themselves from voting on any agenda item that has a real or perceived conflict of interest.

Consent Calendar

There were no action items available for Consent.

1. Presentation on the FY 2018 - 19 Local Annual Report to the Community

Nicole Bracy, Harder + Company Community Research gave a presentation that highlighted the accomplishments of the various funded initiatives in the four strategic priority areas of Health, Learning, Family and Community.

2. KidSTART: Assessing and Treating the Impact of Adverse Childhood Experiences (ACEs)

Kristin Gist, Senior Director at Rady's Children's Hospital, gave a presentation on assessing and treating the impact of adverse childhood experiences (ACEs).

3. Supporting Maternal Mental Health in an Integrative Relational Model

Pradeep Gidwani, MD, MPH of American Academy of Pediatrics and Ruth Newton, Ph.D and CEO / Founder of Newton Center for Affect Regulation gave a presentation on a five-year pilot, focused on supporting maternal mental health in mothers with children ages birth to 5 years of age.

4. Executive Director Report

Executive Director Arguilez reported the following:

- Voiced her appreciation to the First 5 staff and the Harder + Co evaluation team for their efforts on compiling the Annual Report.
- Updated the Commission on the collaborative work in child abuse prevention with Child Welfare Services and community organizations.
- Honored Vice-Chair Skiljan for the many years of service, guidance and support she has given to the Commission.
- Recognized Chairwoman Gaspar for her leadership in 2019.

5. Future Agenda Items

- Appointment of Commission Officers for 2020
- First 5 Commission Financial Management Overview
- Commissioner recruitment
- Sole Source Contract Approval

Chairwoman Gaspar adjourned the meeting at 11:44 a.m. to reconvene January 16, 2020.

Respectfully submitted for your review and approval:

Sandra McBrayer

January 16, 2020
Date

(Notes by: Executive Secretary Karen Hays)