Minutes for November 14, 2019

Call to Order
Chairwoman Gaspar called the meeting of the First 5 Commission of San Diego to order at 10:00 a.m.

Approval of the Commission Meeting Minutes from October 10, 2019
ON MOTION OF Commissioner McBrayer, seconded by Commissioner Macchione, the Commission approved the Minutes of October 10, 2019.

AYES: Gaspar, Skiljan, Macchione, Wooten, McBrayer
ABSENT: None
ABSTAIN: None
NOES: None

Opportunity for Public Comments

- Kim Thomas, American Academy of Pediatrics and Project Director of the First 5 First Steps Coordination Team, thanked the Commission for investing in San Diego County’s children and families and supporting the Home Visiting Initiative.

- Heidi Lang, Executive Director at March of Dimes, spoke about the partnership between March of Dimes and First 5 San Diego.

Commissioner Recusal Reminder
Chairwoman Gaspar reminded all Commissioners to recuse themselves from voting on any agenda item that has a real or perceived conflict of interest.

Consent Calendar
There were no action items available for Consent.
1. **Presentation on the FY 2018 – 19 Local Annual Report to the Community**

Nicole Bracy, Harder + Company Community Research gave a presentation that highlighted the accomplishments of the various funded initiatives in the four strategic priority areas of Health, Learning, Family and Community.

2. **KidSTART: Assessing and Treating the Impact of Adverse Childhood Experiences (ACEs)**

Kristin Gist, Senior Director at Rady’s Children’s Hospital, gave a presentation on assessing and treating the impact of adverse childhood experiences (ACEs).

3. **Supporting Maternal Mental Health in an Integrative Relational Model**

Pradeep Gidwani, MD, MPH of American Academy of Pediatrics and Ruth Newton, Ph.D and CEO / Founder of Newton Center for Affect Regulation gave a presentation on a five-year pilot, focused on supporting maternal mental health in mothers with children ages birth to 5 years of age.

4. **Executive Director Report**

Executive Director Arguilez reported the following:

- Voiced her appreciation to the First 5 staff and the Harder + Co evaluation team for their efforts on compiling the Annual Report.
- Updated the Commission on the collaborative work in child abuse prevention with Child Welfare Services and community organizations.
- Honored Vice-Chair Skiljan for the many years of service, guidance and support she has given to the Commission.
- Recognized Chairwoman Gaspar for her leadership in 2019.

5. **Future Agenda Items**

- Appointment of Commission Officers for 2020
- First 5 Commission Financial Management Overview
- Commissioner recruitment
- Sole Source Contract Approval

Chairwoman Gaspar adjourned the meeting at 11:44 a.m. to reconvene January 16, 2020.

Respectfully submitted for your review and approval:

______________________________  January 16, 2020  
Sandra McBrayer  

(Notes by: Executive Secretary Karen Hays)