

First 5 Commission of San Diego

November 14, 2019

Staff Report

Updates Since Last Report

Health

- Healthy Development Services (HDS)

- North Central Region: Rady Children's Hospital (RCH)

Rady Children's Hospital connected with the Girls' Rehabilitation Facility (GRF), a juvenile detention facility for girls ages 13-18 years old. Plans were made for HDS to offer developmental and behavior support for the mothers and their children.

The first parent to be enrolled was a 17-year-old girl in custody and her infant, who was 8 months old. While her baby was being cared for by the grandmother, the mother had regular visitation with her baby. Those visitation times were used to provide individual consults to her and her baby where the HDS Behavior Specialist modeled interactions and was praising the teen mother for her observations, interactions and responses, thereby reinforcing the bond between mother and baby.

The Behavior Specialist recognized the importance of this dynamic and spent time bridging the relationship between the mother, her baby, and the grandmother. There were opportunities to build the mother's confidence in her ability to care for her child and provide education on communication through infant cues, benefits of a nurturing bond and reinforced the concept that the parent is the child's first and best teacher. The mother was released from the facility after the second coaching session and she is in the process of scheduling additional appointments at the HDS office in Kearny Mesa.

This has been a wonderful partnership so far and Rady Children's Hospital looks forward to continuing to serve mothers residing at the Girls' Rehabilitation Facility.

- South Region: South Bay Community Services (SBCS)

The SBCS prioritize collaborative opportunities to serve families from diverse cultural backgrounds. They contacted the Filipino Press Marketing Director, Susan De Los Santos, with the purpose of establishing contact with the Filipino population in San Diego County to offer them the HDS services that are available in the South Region.

At this meeting, Ms. De Los Santos shared that October is Filipino History Month and she was in the middle of organizing an event to take place at Otay Ranch Town Center, on October 19. The Care Coordination team was in attendance to recruit Filipino families and provide them with HDS resources and Kits for New Parents.

- HDS Countywide Coordinator: American Academy of Pediatrics (AAP)

The American Academy of Pediatrics in coordination with CWS presented to the California Department of Social Services (CDSS) on October 29th. CDSS was interested in learning more about how Counties meet the needs of 0 - 5 youth with open CWS cases. The presentation explained the referral process in San Diego County that includes several county sponsored programs including the Developmental Screening and Enhancement Program, KidSTART and HDS.

- Oral Health Initiative (OHI)
 - OHI's off-site dental services team at La Maestra Community Health Center began its 5th year providing preventative and restorative oral health services for children ages birth through 5 in First 5 San Diego Quality Preschool Initiative (QPI) preschool settings. Using place-based portable services technology, the off-site dental services program brings services to children who might not otherwise receive care. In FY 18 - 19, 113 school-based children received dental screenings and exams, and 28 received dental treatment.

Learning

- Quality Preschool Initiative
 - The Quality Preschool Initiative (QPI) continues to positively impact the growth and development of preschool-aged children to ensure that they have the foundation that they need to transition to kindergarten and experience success in preschool to become life-long learners.
 - IMPACT funds from the First 5 CA Commission are being re-evaluated for the 2020-2023 funding cycle. These funds will prioritize alternative settings such as family childcare homes, private / faith-based childcare, family resource centers, and unlicensed family, friend and neighbor care. The goal is to leverage First 5 CA resources to elevate the capacity of non-subsidized settings where a majority of infants and toddlers are provided care. The RFP is scheduled to be released in January 2020.
 - First 5 CA has revisited the Regional HUB structure and has now aligned with the CCSESA CA County Superintendents Educational Services Association which brings San Diego County from a single-county region to a multi-county region that includes Orange County and Imperial County. Representatives from each county First 5 and County Office of Education have met to begin developing a new relationship related to the HUB funding that is allocated to First 5s statewide. More details will be forthcoming on this process.
 - The Quality Counts CA Consortium has been meeting monthly to ensure that there is alignment with all the QRIS efforts funded by the CDE, First 5 SD and First 5 CA.
- IMPACT Breastfeeding-Friendly Environment
 - The Breastfeeding-Friendly San Diego (BFSD) training video series, which is made possible with the state's IMPACT grant, in partnership with HHSA and the UCSD Center for Community Health, was showcased at the 2019 American Public Health Association (APHA) Film Festival on November 5th. The training video series provides information to childcare providers on how to create breastfeeding-friendly childcare by following the Building Blocks to Breastfeeding-Friendly. The training videos were created as a sustainable training method to support the BFSD childcare recognition program. The videos will also be part of an online learning management system where participants can view the videos, download supporting resources, take a short quiz, and receive a certificate of completion.

Family

- First 5 First Steps
 - First Steps continues to strengthen child and family relationships by providing education and guidance through home visits.
 - Contractors have demonstrated flexibility throughout the beginning stages of the implementation of the CalWORKS funded portion of First 5 First Steps. Increased outreach efforts are being planned because initial enrollment has been low.

Community

- Community Engagement and Event Sponsorships

First 5 San Diego is proud to have sponsored or participated in the following **13** community outreach events reaching approximately **11,300** people:

- **October 11-12, 2019 – Toddler Fest (Participated & Sponsored)**
- **October 12, 2019 – Solana Beach 5K (Participated & Sponsored)**
- October 12, 2019 – San Diego Pediatric School Health Conference (Participated)
- October 12, 2019 – Grandparents Raising Grandchildren - South (Participated)(C)
- October 12, 2019 – Tots N' Trucks (Participated)
- October 15, 2019 – Book Rich Environment (Participated)
- October 25, 2019 – CDH Family Fun Festival (Participated)(M)
- October 26, 2019 – Lakeside Halloween Festival (Participated)(C)
- **October 27, 2019 – Waterfront Pumpkin Patch (Participated & Sponsored)(C)**
- **October 28, 2019 – Live Well Advance (Participated & Sponsored)(C)**
- **October 31, 2019 – Faith Chapel Trunk or Treat Fall Festival (Participated & Sponsored)**
- **November 2, 2019 – Multicultural Festival (Participated & Sponsored)(C)**
- November 6, 2019 – Viejas Family Health Fair (Participated)

(C) – San Diego County Government Event

(M) – Military Event

Administration

- Evaluation

- The Local Annual Report to the Community for Fiscal Year 2018 – 19 will be presented to the Commission today.
- The dashboard for the first quarter of FY 2019 - 20 is included in the Executive Director's report as item 4-2.
- Harder+Co is finalizing the QPI longitudinal report that is pending final publication. The first draft has been received and is in the process of being edited. This report was made possible through support from the San Diego Foundation.
- Harder+Co will be working with SDCOE on an Early Childhood Mental Health pilot during the FY 2019 - 20 program year. The pilot will support a cadre of providers in accessing direct behavior supports for children in center-based programming.

- Finance Committee

- The Finance Committee has not met since the last Commission meeting on October 10, 2019. The Finance Committee is next scheduled to meet on January 14, 2020 at which time the committee will review the 2nd quarter expenditure projections for FY 2019 - 20 and Balance Sheet as of December 31, 2019.

- First 5 Networking / Administrative Updates / Professional Development

- Executive Director Arguilez continues to work with contracted partners to ensure that there is clarity related to the proposed reductions for 2020-2025. This information was communicated via in-person meetings.
- Executive Director Arguilez is in contact with the Blue Shield CA Promise Health Plan to discuss the early identification and early intervention efforts supported by First 5 SD initiatives (specially HDS). There is a great need to engage the Managed Care Plan to support the system of care serving our children with mild to moderate behavior and developmental needs throughout SD County.

- Executive Director Arguilez has been participating in the ECE Advocacy Coalition and joined the group for a meeting with Councilman Chris Ward to discuss the issues with childcare facilities in the City of San Diego and beyond.
- Executive Director Arguilez joined the First 5 Association at the annual Help Me Grow (HMG) Summit to continue integrating the Healthy Development Services initiative within the HMG network statewide.
- Executive Director Arguilez attended the First 5 CA Commission mtg in Fresno on October 24th.
- Executive Director Arguilez, First 5 Staff and Consultants from MIG Inc. participated in the LiveWell Advance Connection HUB to focus on the expansion of the Child and Family Network led by First 5 SD. This is an ongoing effort to prepare for the new Strategic Plan implementation for 2020 and specifically supporting the new strategic priorities: sustained funding, integrated leadership, coordinated systems of care and resilient families.
- Executive Director Arguilez has been actively engaged in the CWS Prevention Summit work group that is part of the Office of Child Abuse Prevention grant focusing on the expulsion and suspension rates of children attending preschool in SD County.
- Executive Director Arguilez has been engaged in the ongoing efforts related to the Strong Families Thriving Communities collective impact work focusing on Trauma Informed Care, and Behavioral Health Supports /HUBS.
- Executive Director Arguilez has been supporting the local Child Care Planning Council as the Chair of the Public Policy Committee and a member of the Executive Committee.
- Executive Director Arguilez met with Jorge Cabrera, Director of the Casey Family Programs in SD to discuss greater philanthropic endeavors focusing on child abuse prevention nationally.
- Executive Director Arguilez is part of the leadership team that will help to inform the implementation of the YMCAs new grant **Community Collaborations to Strengthen and Preserve Families** focusing on family strengthening. They have been awarded nearly \$550k for 5 years to support this effort.
- Executive Director Arguilez has been participating in the SDWP 2Gen workgroup effort focusing on greater coordination for services for working parents of young children, as well as services for homeless families to access housing, employment and childcare.

Background on First 5 San Diego Commission's Current Projects

2-1-1 San Diego

2-1-1 San Diego is a free 24-hour phone service and online database that connects people with community resources. 2-1-1 also operates a First 5 San Diego Warm Line that assists parents of children ages zero through five with locating services and resources for their families.

Childhood Injury Prevention Program

The Childhood Injury Prevention Program educates parents, caregivers and early childhood education staff about childhood injury prevention strategies to make homes, automobiles and communities safer for children ages zero through five.

First 5 First Steps (F5FS)

First 5 First Steps provides county-wide home visitation services to specific high-risk target populations including pregnant and parenting teens, military, refugee/immigrant, and low-income families using the Healthy Families America (HFA) model and the Parents as Teachers (PAT) curriculum.

Good Start for Women + Children

The Good Start for Women + Children Program is a partnership with the Jacobs & Cushman San Diego Food Bank to provide pregnant women and children ages 5 and under, in high-need communities, with a monthly food package and First 5 San Diego parent education materials.

Healthy Development Services (HDS)

HDS is an array of services for early identification and treatment of children with mild to moderate developmental delays. Services include assessment and treatment for developmental (including speech and language) and behavioral concerns, parent education, and Care Coordination to all families receiving HDS services.

IMPACT Family Connections

IMPACT Family Connections is a partnership with the YMCA Childcare Resource Service (YMCA-CRS) that assists Family Child Care Home (FCCH) providers to implement developmental screenings and clearly articulated referral pathways for services. The program also provides training and technical assistance to home visitors across San Diego County to enhance families' knowledge about quality early childhood education settings.

IMPACT Breastfeeding Friendly Environment Program for Childcare Facilities

Through IMPACT funding, the goal of this program is to increase access to environments that support the initiation and duration of breastfeeding. Specifically, services will work to increase the number of baby-friendly childcare facilities helping them adopt and implement policies supportive of breastfeeding and lactation accommodation.

KidSTART

KidSTART is an integrated program within First 5 San Diego and HHSA Behavioral Health Services to support children with complex needs. The *KidSTART Center* performs triage, assessment, referrals and treatment for children with multiple complex delays and disorders. The *KidSTART Clinic* provides comprehensive behavioral and social-emotional clinical treatment. (First 5 San Diego funding supports the Center only.)

Kit for New Parents (Kit)

The Kit is a free comprehensive resource from First 5 California for new and expectant parents emphasizing the importance of a child's early years. Kits are distributed county-wide and are available in English, Spanish and Korean.

Maternity Shelter Program (MSP)

MSP provides safe, secure and supportive housing with intensive case management services for pregnant and parenting young women between 18 and 24 years old, and their dependent children. MSP assists these young women who are homeless, or at risk of becoming homeless, develop the skills necessary to live independently while providing a safe and stable home for themselves and their children.

Mi Escuelita Therapeutic Preschool

Mi Escuelita provides a therapeutic preschool experience for young children who have been exposed to domestic violence and abuse.

Oral Health Initiative (OHI)

OHI provides oral health services, care coordination, and preventative education to children ages birth through five, and pregnant women, with the goal of improving oral health, promoting positive oral health practices, and increasing provider capacity. OHI also offers offsite dental services utilizing place-based portable dental services technology at targeted First 5 San Diego Quality Preschool Initiative (QPI) preschools.

Parent and Community Education

Parent and community education campaigns connect children to needed services and promote practices that strengthen families and improve children's health and development.

Quality Preschool Initiative (QPI)

QPI is a systemic approach to assess, improve, and communicate the level of quality in early care and education programs.