

FIRST 5 COMMISSION OF SAN DIEGO

The Commission's vision is that all the children ages 0 through 5 are healthy, are loved and nurtured, and enter school as active learners.

November 14, 2019
10:00 a.m. – 12:00 p.m.

County Administration Center
1600 Pacific Highway, Room 302 / 303
San Diego, CA 92101

AGENDA

| ITEM | SUBJECT | |
|-----------------------|---|--|
| A | Roll Call and Introductions | Executive Director Arguilez |
| B Action | Approval of the Minutes of the Meeting of the First 5 Commission of San Diego – October 10, 2019 Supporting Document | Chairwoman Gaspar |
| C | Opportunity for Public Comments Items not on the Agenda – Limit three minutes per speaker. (<i>Request to Speak</i> slips for Public Comment or any other item on the agenda must be submitted to Commission staff prior to the meeting being called to order.) | Chairwoman Gaspar |
| D | Commissioner Recusal Reminder All Commissioners are reminded to recuse themselves from voting on any agenda item that has a real or perceived conflict of interest. | Chairwoman Gaspar |
| E | Consent Calendar The Commission will vote on any action items not pulled for discussion by Commissioners or members of the public. Items available for the Consent Calendar are: There are no action items available for Consent. | Chairwoman Gaspar |
| 1 Presentation | Presentation on the FY 2018 - 19 Local Annual Report to the Community Supporting Document The Commission will be given a presentation that highlights the accomplishments of the various funded initiatives in the strategic priority areas of Health, Learning, Family and Community. | Executive Director Arguilez and Harder+ Co. Nicole Bracy, Ph.D. |

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| <p>2 Presentation</p> | <p>KidSTART: Assessing and Treating the Impact of Adverse Childhood Experiences (ACEs)</p> <p>The Commission will be given a presentation on assessing and treating the impact of adverse childhood experiences.</p> | <p>Senior Director Kristin Gist</p> |
| <p>3 Presentation</p> | <p>Supporting Maternal Mental Health in an Integrative Relational Model</p> <p>The Commission will receive a presentation on a five-year pilot, focused on supporting maternal mental health in mothers with children ages birth to 5 years of age.</p> | <p>AAP Medical Director Pradeep Gidwani MD, MPH and Newton Center for Affect Regulation CEO, Founder Ruth Newton, Ph.D.</p> |
| <p>4 Information</p> | <p>Executive Director Report Supporting Document</p> <p>This is a standing agenda item report from the Executive Director.</p> | <p>Executive Director Arguilez</p> |
| <p>5</p> | <p>Future Agenda Items</p> <ul style="list-style-type: none"> • Appointment of Commission Officers for 2020 • First 5 Commission Financial Management Overview • Commissioner recruitment • Sole Source Contract Approvals | <p>Chairwoman Gaspar</p> |

If you are planning to attend and need special accommodations, please call Karen Hays at (619) 523-7711 at least three days in advance of the meeting.

Pursuant to Government Code section 54957.5, written materials distributed to the Commission in connection with this agenda less than 72 hours before the meeting will be made available to the public at 2750 Womble Rd., Suite 201, San Diego, CA

The next Commission meeting is scheduled for January 16, 2020

Copies of the Commission meeting agenda are provided at all meetings. Support and background documents for the agenda items are available on the Commission's website.

www.first5sandiego.org

