



# **Back to Work Day**

HELPING FAMILIES CONNECT WITH WORKFORCE OPPORTUNITIES

Wednesday, August 21

Stop by anytime between 9 a.m. to 3 p.m. to attend any of the scheduled events and learn about the resources, programs and services available for parents and caregivers with small children.



#### 9 -10:30 a.m.

### **Orientation/Exploring Job Options:**

This workshop walks you through an effective 4-step process that helps you evaluate yourself, your options, your best matches, and develop an action plan to secure jobs that best match the "real you".



## 10:30-12 p.m.

## Meet with family-friendly employers:

HomeGoods | Sharp Healthcare | JC Resorts | AccentCare | Fredericka Manor | Burlington | The Education Team |



#### 12-3 p.m.

#### **Meet with family-friendly resources:**

Department of Child Support Services | San Diego Continuing Adult Education | Cal Fresh | PrimeTime Harmonium | Connecting **Families** 

# **RESERVE YOUR SPOT TODAY:**

backtoworkday.eventbrite.com

# **ON-SITE CHILDCARE AVAILABLE**

9 a.m - 12 p.m.

Children must be potty-trained and parents must remain on the premises during event.

# \*Open to all job seekers\*

For more information contact: (619) 266- 4200

August 21, 2019 | 9 AM-3 PM Metro Career Center 4389 Imperial Ave, San Diego

