

First 5 Commission of San Diego

October 8, 2018

Staff Report

Updates Since Last Report

Health

- Oral Health Initiative (OHI)
Mountain Health, one of the 14 subcontractors under OHI, opened its second dental site in Campo on July 2. The dental services offered in this new location include oral exams, x-rays, sealants, cleanings, fillings, and extractions. The opening of this location is helping to ensure that rural communities, like Campo, can have access to health and dental care.

Learning

- IMPACT
This is the third year of funding from this grant. One of the projects supported by IMPACT is the YMCA Childcare Resource Service (CRS) Family Connections (YMCA-CRS). YMCA-CRS has received positive feedback from home visitors across the county, as well as other Resource & Referral Agencies, on the *Supporting Families Guidebook*, a resource guide that gives home visitors, as well as the families, the tools to make the best choice in choosing a quality early care and education program. The Spanish version of the Guidebook is planned to be released this fiscal year. YMCA-CRS also continues to recruit and train new family child care providers on using developmental screening tools. As of June 2018, a total of 120 Family Child Care providers have been recruited.
- The University of California at San Diego (UCSD) Center for Community Health has created a *Breastfeeding-Friendly Children Program Implementation Guide* for child care providers. Since April 2018, they have provided training to nearly 60 child care center providers across San Diego County on promoting a breastfeeding-friendly environment in the work place. Nearly 70 child care centers and family child care homes have been recruited to the program so far.

Family

- No items to report.

Community

- First 5 San Diego and Food 4 Less Teamed Up to Promote Healthy Meals
First 5 San Diego was thrilled to partner with Food4Less and Channel 93.3's Geena the Latina to celebrate national fruits and vegetables month. The team held a healthy cooking demonstration on May 21, 2018 at a local Food 4 Less grocery store that featured a healthy cooking demonstration by Chef Danielle Soto for families looking to improve their children's eating habits. Parents were able to learn a variety of new healthy kid-friendly recipes that their children would actually enjoy eating and some new tips and tricks to enhance home-cooked meals with healthy alternatives.

- Community Engagement and Event Sponsorships

First 5 San Diego is proud to have sponsored or participated in the following community events:

- April 14, 2018 – 4th Annual Early Education Fair (Participated)
- April 17, 2018 – Day of the Military Child Conference (Participated)
- April 20, 2018 – Low Income Housing Resource Fair (Participated)
- April 22, 2018 – March for Babies in Oceanside (**Sponsored** and Participated)
- April 24, 2018 – Lunch with the League (**Sponsored** and Participated)
- April 27, 2018 – Military Provider Resource Fair (Participated)
- April 28, 2018 – March for Babies in Balboa Park (**Sponsored** and Participated)
- April 28, 2018 – Day of the Child Community Fair (**Sponsored** and Participated)
- May 6, 2018 – Miracle Babies 5K (Sponsored and Participated)
- May 10, 2018 – Mental Health Town Hall at (JCNI) (Participated)
- May 19, 2018 – Parent Transition Training through NHA (Participated)
- May 19, 2018 – Mitochondria 5K (Participated)
- May 21, 2018 – Healthy Cooking Demo at Food 4 Less (**Sponsored** and Participated)
- June 2, 2018 – Star Wars Day at SDCL Santee (Participated)
- June 8, 2018 – Filipino Independence Day Event at COC (Participated)
- July 1 – Oct 31 – Summer Movies in the Park (**Sponsored**)
- July 1 – Aug 31 – Regal Movie Express (**Sponsored**)
- July 11, 2018 – Options Family Resource Fair (Participated)
- July 14, 2018 – Olivewood Garden Day of Play (**Sponsored** and Participated)
- July 16 – 17, 2018 – BUILD Initiative QRIS Conference (**Sponsored** and Participated)
- July 18, 2018 – Book Rich Environment Book Giveaway (Logan)(Participated)
- July 22, 2018 – Little Dandelions Artisan and Craft Fair (**Sponsored**)
- July 29, 2019 – LWSD 5K (Sponsored and Participated)
- August 3, 2018 – NCHS WIC “Global Latch On” Event (Participated)
- August 5, 2018 – Candyland at SDCL – Poway for Signature Event (Participated)
- August 6, 2018 – Back to School Extravaganza (Participated)
- August 7, 2018 – All Abilities Day of Play (**Sponsored** and Participated)
- August 14, 2018 – Book Rich Environment Book Giveaway (City Heights)(Participated)
- August 22, 2018 – Military Ombudsman Resource Fair (Participated)
- August 24, 2018 – Back to School Bash (San Marcos)(Participated)
- August 25, 2018 – Grandparents Raising Grandchildren (North Co.)(Participated)
- September 8, 2018 – Food Distribution/Resource Fair (Participated)
- September 13-15, 2018 – “We Can’t Waite” Conference (**Sponsored** and Participated)
- September 14, 2018 – Curiosity Day Event at SDCL – Valley Center (Participated)
- September 29, 2018 – Care Giver Alliance (So Cal)(**Sponsored** and Participated)
- September 29, 2018 – Wheelchair Dance Showcase (**Sponsored** and Participated)
- October 2, 2018 – Live Well Advance (**Sponsored**)

Administration

- Evaluation

- The dashboard for the fourth quarter of FY 2017-18 is included in the Executive Director’s report as item 7-2.

- Finance Committee

- The Committee met September 20, 2018. They reviewed the Balance Sheet for August 31, 2018 and the Independent Audit Report for FY 2017-18. They met with the Senior Auditor from Christy White Associates who reported that there are no findings on compliance or internal controls over financial reporting. All documents were approved by the Finance Committee to go to the Commission and are included in the agenda packet.

- GFOA Certificate of Achievement for Excellence in Financial Reporting

- In May, First 5 San Diego was awarded with the Certificate of Achievement for Excellence in Financial Reporting from the Government Finance Officers Association (GFOA) for its

Comprehensive Annual Financial Report (CAFR) for the fiscal year ended June 30, 2017. The CAFR Program recognizes state and local governments that go beyond the minimum requirements of generally accepted accounting principles to prepare a comprehensive annual financial report that evidences the spirit of transparency and full disclosure. This is the fourth time First 5 San Diego has been recognized with the award.

Background on First 5 San Diego Commission's Current Projects

2-1-1 San Diego

2-1-1 San Diego is a free 24-hour phone service and online database that connects people with community resources. 2-1-1 also operates a First 5 San Diego Warm Line that assists parents of children ages zero through five with locating services and resources for their families.

Childhood Injury Prevention Program

The Childhood Injury Prevention Program educates parents, caregivers and early childhood education staff about childhood injury prevention strategies to make homes, automobiles and communities safer for children ages zero through five.

First 5 First Steps (F5FS)

First 5 First Steps provides county-wide home visitation services to specific high-risk target populations including pregnant and parenting teens, military, refugee/immigrant, and low-income families using the Healthy Families America (HFA) model and the Parents as Teachers (PAT) curriculum.

Good Start for Women + Children

The Good Start for Women + Children Program is a partnership with the Jacobs & Cushman San Diego Food Bank to provide pregnant women and children ages 5 and under, in high-need communities, with a monthly food package and First 5 San Diego parent education materials.

Healthy Development Services (HDS)

HDS is an array of services for early identification and treatment of children with mild to moderate developmental delays. Services include assessment and treatment for developmental (including speech and language) and behavioral concerns, parent education, and Care Coordination to all families receiving HDS services.

IMPACT Family Connections

IMPACT Family Connections is a partnership with the YMCA Childcare Resource Service (YMCA-CRS) that assists Family Child Care Home (FCCH) providers to implement developmental screenings and clearly articulated referral pathways for services. The program also provides training and technical assistance to home visitors across San Diego County to enhance families' knowledge about quality early childhood education settings.

IMPACT Breastfeeding Friendly Environment Program for Childcare Facilities

Through IMPACT funding, the goal of this program is to increase access to environments that support the initiation and duration of breastfeeding. Specifically, services will work to increase the number of baby-friendly childcare facilities helping them adopt and implement policies supportive of breastfeeding and lactation accommodation.

KidSTART

KidSTART is an integrated program within First 5 San Diego and HHSA Behavioral Health Services to support children with complex needs. The KidSTART Center performs triage, assessment, referrals and treatment for children with multiple complex delays and disorders. The KidSTART Clinic provides comprehensive behavioral and social-emotional clinical treatment. (First 5 San Diego funding supports the Center only.)

Kit for New Parents (Kit)

The Kit is a free comprehensive resource from First 5 California for new and expectant parents emphasizing the importance of a child's early years. Kits are distributed county-wide and are available in English, Spanish, Vietnamese, Cantonese, and Korean.

Maternity Shelter Program (MSP)

MSP provides safe, secure and supportive housing with intensive case management services for pregnant and parenting young women between 18 and 24 years old, and their dependent children. MSP assists these young women who are homeless, or at risk of becoming homeless, develop the skills necessary to live independently while providing a safe and stable home for themselves and their children.

Mi Escuelita Therapeutic Preschool

Mi Escuelita provides a therapeutic preschool experience for young children who have been exposed to domestic violence and abuse.

Oral Health Initiative (OHI)

OHI provides oral health services, care coordination, and preventative education to children ages birth through five, and pregnant women, with the goal of improving oral health, promoting positive oral health practices, and increasing provider capacity. OHI also offers offsite dental services utilizing place-based portable dental services technology at targeted First 5 San Diego Quality Preschool Initiative (QPI) preschools.

Parent and Community Education

Parent and community education campaigns connect children to needed services and promote practices that strengthen families and improve children's health and development.

Quality Preschool Initiative (QPI)

QPI is a systemic approach to assess, improve, and communicate the level of quality in early care and education programs.