

First 5 Commission of San Diego

April 2, 2018

Staff Report

Updates Since Last Report

Health

- Oral Health Initiative (OHI)

OHI's off-site dental services team continues to provide preventative and restorative oral health services for children ages birth through 5 in First 5 San Diego Quality Preschool Initiative (QPI) preschool settings. Using place-based portable services technology, the off-site dental services program brings services to children who might not otherwise receive care.

- Healthy Development Services (HDS)

The California Mental Health Advocates for Children and Youth (CMHACY) annual conference "Forging the Future" will take place in Monterey May 16 -18, 2018. The American Academy of Pediatrics – Chapter 3 (AAP) along with Behavioral Health Services and First 5 staff will be doing a presentation. The title is *The Journey Towards a Community-wide Continuum of Infant and Early Childhood Mental Health (IECMH) Services Model.*

HDS Central Region submitted a proposal and was invited to do a poster presentation at the conference. Family Health Centers Maternal Depression Program (MDP) will present the screenings, assessment and treatment program and how mother's depression affects dyadic relationship of child and mother, the child's development as well as child's behavior.

AAP was selected to present at the First 5 California 2018 *Child Health, Education, and Care Summit* April 10 – 12, 2018 on Motivational Interviewing to Engage Families in Relationship Based Approaches.

Learning

- Quality Preschool Initiative (QPI)

SDCOE has been selected to present at the First 5 California 2018 *Child Health, Education, and Care Summit* in April on Utilizing Parallel Process and Research-Based Strategies to Build Capacity in Coaches and Workforce Members. They also were chosen to present at the July 2018 *BUILD and QRIS National Meeting* on Making Data Meaningful.

- IMPACT

The YMCA Childcare Resource Service (YMCA-CRS) continues to recruit and train new family child care providers on using developmental screening tools. They have also received positive feedback from home visitors across the county on the newly-developed Supporting Families Guidebook, a resource guide that gives home visitors, as well as the families, the tools to make the best choice in choosing a quality early care and education program.

- The University of California at San Diego (UCSD) Center for Community Health has recruited 17 Family Child Care Homes and 4 Child Care Centers for the implementation of breastfeeding-friendly policies and lactation accommodation.

Family

- No items to report.

Community

- Talk. Read. Sing. Public Education Campaign
First 5 San Diego's public education campaign continues to run intermittently through June 2018. The campaign promotes early childhood literacy and encourages parents to Talk, Read, Sing and be active with their children. Staff is currently exploring event opportunities in the community.
- Community Engagement and Event Sponsorships
First 5 San Diego is proud to have sponsored or participated in the following community events:
 - First 5 CA Express Tour – Escondido Farmers Market – January 21, 2018 (participated)
 - First 5 CA Express Tour – SD County Library Poway – January 22, 2018 (participated)
 - Annual Life Skills Conference – January 29, 2018 (participated)
 - It's How We Live event – February 3, 2018 (sponsored)
 - Reach Out and Read San Diego – Read and Romp event – February 24, 2018 (sponsored)
 - Balboa Park Health Fair – February 24, 2018 (participated)
 - MEMO Health Fair – March 3, 2018 (participated)
 - NHA – Head Start Olympics – March 10, 2018 (sponsored)
 - Grandparents Raising Grandchildren – March 17, 2018 (participated)
 - 5th Annual County Ethics Fair – March 23, 2018 (participated)

Administration

- Evaluation
 - The dashboard for the second quarter of FY 2017-18 is included in the Executive Director's report as item 10-2.
- Finance Committee
 - The Committee met on March 13, 2018. They reviewed:
 - The Balance Sheet for February 2018;
 - The FY 2018-19 Operating Budget;
 - The FY 2018-19 Sustainability Fund Budget; and
 - The Financial Spending Plan.
 - All documents were approved by the Finance Committee to go to the Commission and are included in the agenda packet for today's meeting.

Background on First 5 San Diego Commission's Current Projects

2-1-1 San Diego

2-1-1 San Diego is a free 24-hour phone service and online database that connects people with community resources. 2-1-1 also operates a First 5 San Diego Warm Line that assists parents of children ages zero through five with locating services and resources for their families.

Childhood Injury Prevention Program

The Childhood Injury Prevention Program educates parents, caregivers and early childhood education staff about childhood injury prevention strategies to make homes, automobiles and communities safer for children ages zero through five.

First 5 First Steps (F5FS)

First 5 First Steps provides county-wide home visitation services to specific high-risk target populations including pregnant and parenting teens, military, refugee/immigrant, and low-income families using the Healthy Families America (HFA) model and the Parents as Teachers (PAT) curriculum.

Good Start for Women + Children

The Good Start for Women + Children Program is a partnership with the Jacobs & Cushman San Diego Food Bank to provide pregnant women and children ages 5 and under, in high-need communities, with a monthly food package and First 5 San Diego parent education materials.

Healthy Development Services (HDS)

HDS is an array of services for early identification and treatment of children with mild to moderate developmental delays. Services include assessment and treatment for developmental (including speech and language) and behavioral concerns, parent education, and Care Coordination to all families receiving HDS services.

IMPACT Family Connections

IMPACT Family Connections is a partnership with the YMCA Childcare Resource Service (YMCA-CRS) that assists Family Child Care Home (FCCH) providers to implement developmental screenings and clearly articulated referral pathways for services. The program also provides training and technical assistance to home visitors across San Diego County to enhance families' knowledge about quality early childhood education settings.

IMPACT Breastfeeding Friendly Environment Program

The goal of this program is to increase access to environments that support the initiation and duration of breastfeeding (utilizing IMPACT funding). Specifically, services will work to increase the number of baby-friendly childcare facilities helping them adopt and implement policies supportive of breastfeeding and lactation accommodation.

KidSTART

KidSTART is an integrated program within First 5 San Diego and HHSA Behavioral Health Services to support children with complex needs. The *KidSTART Center* performs triage, assessment, referrals and treatment for children with multiple complex delays and disorders. The *KidSTART Clinic* provides comprehensive behavioral and social-emotional clinical treatment. (First 5 San Diego funding supports the Center only.)

Kit for New Parents (Kit)

The Kit is a free comprehensive resource from First 5 California for new and expectant parents emphasizing the importance of a child's early years. Kits are distributed county-wide and are available in English, Spanish, Vietnamese, Cantonese, Korean and Mandarin.

Maternity Shelter Program (MSP)

MSP provides safe, secure and supportive housing with intensive case management services for pregnant and parenting young women between 18 and 24 years old, and their dependent children. MSP assists these young women who are homeless, or at risk of becoming homeless, develop the skills necessary to live independently while providing a safe and stable home for themselves and their children.

Mi Escuelita Therapeutic Preschool

Mi Escuelita provides a therapeutic preschool experience for young children who have been exposed to domestic violence and abuse.

Oral Health Initiative (OHI)

OHI provides oral health services, care coordination, and preventative education to children ages birth through five, and pregnant women, with the goal of improving oral health, promoting positive oral health practices, and increasing provider capacity. OHI also offers offsite dental services utilizing place-based portable dental services technology at targeted First 5 San Diego Quality Preschool Initiative (QPI) preschools.

Parent and Community Education

Parent and community education campaigns connect children to needed services and promote practices that strengthen families and improve children's health and development.

Quality Preschool Initiative (QPI)

QPI is a systemic approach to assess, improve, and communicate the level of quality in early care and education programs.