

First 5 Commission of San Diego

April 10, 2017

Staff Report

Updates Since Last Report

Health

- Oral Health Initiative (OHI)
Mountain Health and Community Services will be opening their dental site in City Heights in late May or early June.

Learning

- Quality Preschool Initiative
The San Diego County Office of Education (SDCOE) was selected to give three presentations on the Quality Preschool Initiative at the 2017 Quality Rating and Improvement System National Meeting. The National Meeting is the premier venue for sharing research, lessons learned, and innovative ideas related to early childhood education Quality Rating and Improvement Systems like the Quality Preschool Initiative. SDCOE staff will present on:
 - (1) Building the capacity of coaches and the early childhood education workforce;
 - (2) Developing annual Family Strengthening plans for early childhood education providers using the Five Protective Factors, and;
 - (3) Collecting and utilizing useful data to improve learning for early childhood education programs.

Family

- None to report

Community

- New Public Service Announcements (PSAs)
First 5 San Diego launched two PSAs as part of the current public education campaign that will run through June 2017. The campaign promotes early childhood literacy and encourages parents and caregivers to talk, read, sing and be active with their children. Additional messaging will be featured on radio, billboards, buses and transit shelters throughout the county.
- Community Engagement and Event Sponsorships
First 5 San Diego is proud to have sponsored or participated in the following community events since the last Commission Meeting was convened:
 - Reach Out and Read San Diego – February 25th (Sponsored and Participated)
 - 5th Annual International Mariachi Festival – March 12th (Sponsored)
 - East County Grandparents Raising Grandchildren Symposium – March 18th (Participated)
 - Head Start *Let's Move Olympics* – March 18th (Sponsored)
 - County of San Diego 4th Annual Ethics Awareness Month – March 23rd (Participated)

Administration

- Evaluation
 - The dashboard for the second quarter of FY 2016-17 is included in the Executive Director's monthly report as item 8-2.

- Finance Committee
 - The Committee met on March 14, 2017. They reviewed:
 - The Balance Sheet for February 2017;
 - The FY 2017-18 Operating Budget;
 - The FY 2017-18 Sustainability Fund Budget; and
 - The Financial Spending Plan.
 - All documents were approved by the Finance Committee to go to the Commission and are included in the agenda packet for today's meeting.

Background on First 5 Commission Current Projects

2-1-1 San Diego

2-1-1 San Diego is a free 24-hour phone service and online database that connects people with community resources. 2-1-1 also operates a First 5 San Diego Warm Line that assists parents of children ages zero through five with locating services and resources for their families.

Childhood Injury Prevention Program

The Childhood Injury Prevention Program educates parents, caregivers and early childhood education staff about childhood injury prevention strategies to make homes, automobiles and communities safer for children ages zero through five.

Community Water Fluoridation

Community water fluoridation supports Sweetwater Authority to become optimally fluoridated to improve the oral health of children and families. With First 5 San Diego investments, optimal fluoridation was also reached for the City of San Diego and Olivenhain Municipal water districts.

First 5 Discovery Zone Expansion Project

The Discovery Zone Expansion Project is a partnership with the San Diego County Library to implement family early literacy stations (First 5 San Diego Discovery Zone) at the new Alpine Library and Imperial Beach Library, designed to provide a child's first teacher, the primary caregiver with the tools and resources they need to incorporate research-based family early literacy practices in the home.

First 5 First Steps (F5FS)

First 5 First Steps provides county-wide home visitation services to specific high-risk target populations including pregnant and parenting teens, military, refugee/immigrant, and low-income families using the Healthy Families America (HFA) model and the Parents as Teachers (PAT) curriculum.

Good Start for Women + Children

The Good Start for Women + Children Program is a partnership with the Jacobs & Cushman San Diego Food Bank to provide pregnant women and children ages 5 and under in high-need communities with a monthly food package and First 5 San Diego parent education materials.

Healthy Development Services (HDS)

HDS is an array of services for early identification and treatment of children with mild to moderate developmental delays. Services include assessment and treatment for developmental (including speech and language) and behavioral concerns, parent education, and Care Coordination to all families receiving HDS services.

IMPACT Family Connections

IMPACT Family Connections is a partnership with the YMCA Childcare Resource Service (CRS) that assists Family Child Care Home (FCCH) providers to implement developmental screenings and clearly articulated referral pathways for services. The program will also provide training and technical assistance to home visitors across San Diego County to enhance families' knowledge about quality early childhood education settings.

IMPACT Lactation Supportive Environments for Childcare Facilities

Through IMPACT funding, the goal of this program is to increase access to environments that support the initiation and duration of breastfeeding. Specifically, services will work to increase the number of baby-friendly childcare facilities helping them adopt and implement policies supportive of breastfeeding and lactation accommodation.

KidSTART

KidSTART is an integrated program within First 5 San Diego and HHS Behavioral Health Services to support children with complex needs. The *KidSTART Center* performs triage, assessment, referrals and treatment for children with multiple, complex delays, and disorders. The *KidSTART Clinic* provides comprehensive behavioral and social-emotional clinical treatment. (First 5 San Diego funding supports the Center only.)

Kit for New Parents (Kit)

The Kit is a free, comprehensive resource from First 5 California for new and expectant parents emphasizing the importance of a child's early years. Kits are distributed county-wide and are available in English, Spanish, Vietnamese, Cantonese, Korean and Mandarin.

Maternity Shelter Program (MSP)

MSP provides safe, secure and supportive housing with intensive case management services for pregnant and parenting young women between 18 and 24 years old, and their dependent children. MSP assists these young women who are homeless or at risk of becoming homeless develop the skills necessary to live independently while providing a safe and stable home for themselves and their children.

Mi Escuelita Therapeutic Preschool

Mi Escuelita provides a therapeutic preschool experience for young children who have been exposed to domestic violence and abuse.

Oral Health Initiative (OHI)

OHI provides oral health services, care coordination, and preventative education to children ages birth through five and pregnant women with the goal of improving oral health, promoting positive oral health practices, and increasing provider capacity. OHI also offers offsite dental services utilizing place-based portable dental services technology at targeted First 5 San Diego Quality Preschool Initiative (QPI) preschools.

Parent and Community Education

Parent and community education campaigns connect children to needed services and promote practices that strengthen families and improve children's health and development.

Quality Preschool Initiative (QPI)

QPI is a systemic approach to assess, improve, and communicate the level of quality in early care and education programs.