

First 5 Commission of San Diego
November 14, 2016
Staff Report

Updates Since Last Report

Health

- Oral Health Initiative (OHI)
No updates to this program since last commission meeting.
- Healthy Development Services (HDS)
HDS and QPI partnered and held regional collaboration meetings where HDS and QPI providers discussed their referral process including screenings and assessments done by both sides. The meetings also established one point of contact for each HDS region and QPI agency to assist in communication ensuring a swift response time, improved referrals and referral updates, and efficient service is provided for children and their families.

Learning

- As part of the First 5 CA IMPACT program, First 5 San Diego has submitted three applications to First 5 CA IMPACT for the Classroom Assessment Scoring System (CLASS)-Based Coaching Program for fiscal year 2016-2017. The three applicants are qualified QPI coaches, who will participate in a year-long training to enhance content knowledge and competency to improve adult-child interactions. The CLASS-Based Coaching Program is a multi-tiered system designed to increase capacity of coaches and ensure that coaches in First 5 CA IMPACT and in the California Quality Rating and Improve System (CA-QRIS) have established an adequate knowledge base to build and sustain effective adult-child interactions. This is a 3-year program, and San Diego County has received a total of seven coaching slots. The remaining four slots will be allocated to four additional QPI coaches during the next two fiscal years.
- First 5 San Diego attended the monthly QPI Directors' Meeting on October 20th and learned about the annual plan developed by the San Diego County Office of Education (SDCOE) to support family strengthening, enhance child development and reduce the likelihood of child abuse and neglect. The annual plan is based on the Five Protective Factors framework, which are: Parental Resilience, Social Connection, Knowledge of Parenting and Child Development, Concrete Support in Times of Needs and Social and Emotional Competence of Children. Families will receive monthly parent education curricula, workshops and other activities based on the Five Protector Factors framework. The Five Protective Factors framework and the annual plan were presented at the First 5 California 2016 Child Health, Education, and Care Summit.

Family

- First 5 First Steps
No updates to this program since last commission meeting.

Community

- **Nature-Based “Play Pockets” Open in South County**
First 5 San Diego and the County of San Diego Department of Parks and Recreation joined at Tijuana River Valley Regional Park on October 22, 2016 to celebrate the grand opening of new play areas funded by First 5 San Diego. Supervisor Greg Cox, Brian Albright, Director of Parks and Recreation, and Gloria Corral, Assistant Executive Director of First 5 San Diego were in attendance to celebrate the occasion. Five nature-based play pockets were designed especially for children under 5. These play pockets are small activity structures designed to teach kids about the local geography and wildlife. The pockets are situated along a path to encourage kids to create their own adventures by moving around from one spot to another: hide in a birdhouse, ride a slide, and balance on the back of a snake.

- **Community Engagement and Event Sponsorships**
First 5 San Diego is proud to have sponsored or participated in the following community events since the last Commission Meeting was convened:
 - 40th Anniversary Celebration at Otay Mesa-Nestor Library – October 15th (Participated)
 - Waterfront Park Pumpkin Patch with the San Diego County Department of Parks and Recreation October 23rd (Sponsored and Participated)

Administration

- **Evaluation**
 - The Local Annual Report to the Community will be presented to the Commission today.

- **Finance Committee**
 - The Finance Committee has not met since the last Commission meeting on October 17th. The Finance Committee is next scheduled to meet on January 17, 2017 at which time the committee will review the 2nd quarter expenditure projections and the Balance Sheet as of December 31, 2016.

Background on First 5 Commission Current Projects

2-1-1 San Diego

2-1-1 San Diego is a free 24-hour phone service and online database that connects people with community resources. 2-1-1 also operates a First 5 San Diego Warm Line that assists parents of children ages zero through five with locating services and resources for their families.

Childhood Injury Prevention Program

The Childhood Injury Prevention Program educates parents, caregivers and early childhood education staff about childhood injury prevention strategies to make homes, automobiles and communities safer for children ages zero through five.

Community Water Fluoridation

Community water fluoridation supports Sweetwater Authority to become optimally fluoridated to improve the oral health of children and families. With First 5 San Diego investments, optimal fluoridation was also reached for the City of San Diego and Olivenhain Municipal water districts.

First 5 Discovery Zone Expansion Project

The Discovery Zone Expansion Project is a partnership with the San Diego County Library to implement family early literacy stations (First 5 San Diego Discovery Zone) at the new Alpine Library and Imperial Beach Library, designed to provide a child's first teacher, the primary caregiver with the tools and resources they need to incorporate research-based family early literacy practices in the home.

First 5 First Steps (F5FS)

First 5 First Steps provides county-wide home visitation services to specific high-risk target populations including pregnant and parenting teens, military, refugee/immigrant, and low-income families using the Healthy Families America (HFA) model and the Parents as Teachers (PAT) curriculum.

Good Start for Women + Children

The Good Start for Women + Children Program is a partnership with the Jacobs & Cushman San Diego Food Bank to provide pregnant women and children ages 5 and under in high-need communities with a monthly food package and First 5 San Diego parent education materials.

Healthy Development Services (HDS)

HDS is an array of services for early identification and treatment of children with mild to moderate developmental delays. Services include assessment and treatment for developmental (including speech and language) and behavioral concerns, parent education, and Care Coordination to all families receiving HDS services.

IMPACT Family Connections

IMPACT Family Connections is a partnership with the YMCA Childcare Resource Service (CRS) that assists Family Child Care Home (FCCH) providers to implement developmental screenings and clearly articulated referral pathways for services. The program will also provide training and technical assistance to home visitors across San Diego County to enhance families' knowledge about quality early childhood education settings.

IMPACT Lactation Supportive Environments for Childcare Facilities

Through IMPACT funding, the goal of this program is to increase access to environments that support the initiation and duration of breastfeeding. Specifically, services will work to increase the number of baby-friendly childcare facilities helping them adopt and implement policies supportive of breastfeeding and lactation accommodation.

KidSTART

KidSTART is an integrated program within First 5 San Diego and HHS Behavioral Health Services to support children with complex needs. The *KidSTART Center* performs triage, assessment, referrals and treatment for children with multiple, complex delays, and disorders. The *KidSTART Clinic* provides comprehensive behavioral and social-emotional clinical treatment. (First 5 San Diego funding supports the Center only.)

KinderStart

KinderStart is a Kindergarten summer-school readiness pilot program at Laurel Elementary School in Oceanside. It provides a high-quality, multi-week early learning opportunity for children preparing to enter kindergarten and needing additional support. The program targets children with no preschool experience.

Kit for New Parents (Kit)

The Kit is a free, comprehensive resource from First 5 California for new and expectant parents emphasizing the importance of a child's early years. Kits are distributed county-wide and are available in English, Spanish, Vietnamese, Cantonese, Korean and Mandarin.

Maternity Shelter Program (MSP)

MSP provides safe, secure and supportive housing with intensive case management services for pregnant and parenting young women between 18 and 24 years old, and their dependent children. MSP assists these young women who are homeless or at risk of becoming homeless develop the skills necessary to live independently while providing a safe and stable home for themselves and their children.

Mi Escuelita Therapeutic Preschool

Mi Escuelita provides a therapeutic preschool experience for young children who have been exposed to domestic violence and abuse.

Oral Health Initiative (OHI)

OHI provides oral health services, care coordination and preventative education to children ages birth through five and pregnant women with the goal of improving oral health, promoting positive oral health practices and increasing provider capacity.

Parent and Community Education

Parent and community education campaigns connect children to needed services and promote practices that strengthen families and improve children's health and development.

Pathways to Play

The Pathways to Play Project is a partnership with the County of San Diego Department of Parks and Recreation to create nature-based play areas (play nodes) for children ages zero through five at the Tijuana River Valley Regional Park, providing opportunities for physical activity, educational experiences and family engagement.

Quality Preschool Initiative (QPI)

QPI provides high quality preschool services in public and private center-based early childhood programs in high-need communities throughout San Diego County.

Renette Park Project

The Renette Park Project is a partnership with the City of El Cajon to enhance Renette Park with a new playground that provides opportunities for physical activity, educational experiences and family engagement for children ages zero through five and immigrant populations.