

First 5 Commission of San Diego
Annual Report
FY 2012-13

Improving the
Lives of
Children
Ages 0 through 5



First 5 San Diego Commissioners



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Kimberly Medeiros
Executive Director



Message from the Executive Director

Dear Community Members,

I am pleased to share the Fiscal Year (FY) 2012-13 Annual Report of the First 5 Commission of San Diego County.

This year, we invested \$48.6 million in direct services for young children and their families. With these funds we were able to serve more than 88,000 children, parents, caregivers and providers. In addition, with the backing of the Commission's dollars, First 5 San Diego partners leveraged an additional \$9.7 million with public and private entities. We continue to be strategic in how we invest, focusing on areas where we can have the greatest impact on the lives of children ages zero through five in San Diego County.

I am proud to report the following achievements for each of our program areas:

Health

- Enrolled 11,994 children and 2,959 pregnant women in health insurance
- Screened 26,293 children and 4,389 pregnant women for oral health services and provided treatment to 16,135 children and 4,346 pregnant women
- Screened 17,786 children for developmental delays and treated more than 5,000 children with developmental concerns
- Screened 6,646 children for behavioral delays and provided treatment for 3,292 children with behavioral concerns

Learning

- Provided quality preschool to 11,348 children
- Achieved a top quality ranking for nearly 90% of participating preschool classrooms
- Provided professional development to 2,468 early childhood education teachers

Family

- Provided 19,494 families with care coordination services
- Provided 5,565 parents with parent education services

Community

- Sponsored or participated in community events that reached nearly 82,000 families
- Launched a community awareness campaign that achieved more than 57.6 million gross impressions
- Provided 98,206 health and social service referrals for families

FY 2012-13 was the first year of the Quality Preschool Initiative (QPI). The groundwork for QPI was laid by the Preschool for All (PFA) project that served thousands of children across San Diego County from 2006-2012. QPI will continue the legacy of PFA by providing quality preschool for young children, connecting children to the appropriate health resources and ensuring preschool providers are well-supported and well-trained, helping us realize our goal that every child in San Diego County enters school ready to succeed.

We have also been preparing to launch First 5 First Steps, our new Targeted Home Visiting initiative. This program will serve pregnant and parenting teens, low income, military, and immigrant and refugee families across the County with intensive home visitation services. First 5 First Steps will begin during FY 2013-14 and will focus on developing strong parent-child relationships, beginning prenatally or within the first few weeks of life, to build a solid family foundation upon which children can grow and thrive.


Another highlight is our increased participation in community events to raise awareness about the importance of the first five years of life. We conducted the fifth phase of our "Good Start" campaign during the fall and spring. The campaign focused on promoting healthy development checkups and adopting healthy eating habits, including "5210 Every Day!" from the San Diego County Childhood Obesity Initiative.

In this report we are pleased to share the highlights of another productive year working to improve the lives of children zero through five and their families. I want to express my continued gratitude to our Commissioners, First 5 San Diego staff and each of our community partners, without whom the work could not happen. Together, with our successful partnership with the County's *Live Well San Diego* plan to achieve healthy, safe, and thriving communities, we are achieving our vision that "All children ages 0 through 5 are healthy, loved and nurtured, and enter school as active learners." We are incredibly proud of our accomplishments and look forward to the future!

Sincerely,



Kimberly Medeiros



First 5 Commission of San Diego County Projects for FY 2012–13

2-1-1 San Diego

2-1-1 San Diego is a free 24-hour phone service and online database that connects people with community resources. 2-1-1 also operates a First 5 San Diego Warm Line that assists parents of children ages zero through five with locating services and resources for their families.

Black Infant Health Program (BIH)

BIH focuses on reducing preterm births, low birth weight babies and other poor birth outcomes in the African American community. Prenatal care, breastfeeding, immunizations, smoking cessation and nutrition are all part of the BIH program to help women achieve healthy pregnancies and healthy births.

California School Aged Families Education (Cal-SAFE)

The Cal-SAFE program, located in five school districts, helps expectant and parenting teens successfully graduate from high school and improve their parenting skills while providing a quality child care and development program for their children.

Capital Project

A Child Development Center is currently under construction that will serve military families in the Murphy Canyon area.

Childhood Obesity Initiative (COI)

COI is a public-private partnership whose mission is to reduce and prevent childhood obesity in the County by creating healthy environments for all children and families through advocacy, education, policy development and environmental change.

Community Transformation Grant (CTG)

CTG leverages funding from the Centers for Disease Control and Prevention with a goal to increase the number of hospitals, businesses, and schools that adopt policies which support breastfeeding and lactation accommodations. The program also provides training for Public Health Nurse home visitors.

Community Water Fluoridation

Water Fluoridation supports three sub-optimally fluoridated water districts – the City of San Diego, Olivenhain and Sweetwater.

Developmental Screening & Enhancement Program (DSEP)

DSEP provides developmental screenings, care coordination and caregiver coaching for children in the child welfare system. It also provides expanded training and support for staff at the Polinsky Children's Center that care for young children who have been removed from their homes.

First 5 First Steps (F5FS)

First 5 First Steps will provide home visitation services to specific high-risk target populations including pregnant and parenting teens, and military, refugee/immigrant and low-income families using the Healthy Families America (HFA) model and the Parents as Teachers (PAT) curriculum.

Healthcare Access (HCA)

HCA provides families with assistance in enrolling and maintaining their enrollment in public health insurance programs. HCA staff also work with families, promoting preventive care and assisting them in utilizing health services.

Healthy Development Services (HDS)

HDS is an array of services for early identification and treatment of children with mild to moderate developmental delays. Activities include speech and language services, developmental and behavioral services, as well as parent education and behavioral health coaching services to early education teachers.

Immunizations for San Diego Kids

Immunizations for San Diego Kids goals are to increase the number of children ages zero through five who are fully immunized and to link more physicians to the San Diego Immunization Registry. A particular focus of the program is engaging families with personal belief concerns and questions about immunizations.

KidSTART

KidSTART is a partnership between First 5 San Diego and HHS Behavioral Health Services to support children with complex needs. The KidSTART Center performs triage, assessment, referrals and treatment for children with multiple, complex delays, and disorders. The KidSTART Clinic provides comprehensive behavioral and social-emotional clinical treatment.



Kit for New Parents (Kit)

The Kit is a free, comprehensive resource from First 5 California for new and expecting parents emphasizing the importance of a child's early years. Kits are distributed countywide and are available in English, Spanish, Vietnamese, Cantonese, Korean and Mandarin.

Maternity Shelter Program (MSP)

MSP provides safe, secure and supportive housing with intensive case management services for pregnant and parenting young women who are between 18 and 24 years old, and their dependent children. MSP assists these young women who are homeless or at risk of becoming homeless, develop the skills necessary to live independently, while providing a safe and stable home for themselves and their children.

Mi Escuelita Therapeutic Preschool

Mi Escuelita provides a therapeutic preschool experience for young children who have been exposed to domestic violence and abuse.

Oral Health Initiative (OHI)

OHI provides oral health services, care coordination and preventative education to children ages one through five and pregnant women with the objective of improving oral health, promoting positive oral health practices and increasing provider capacity.

Parent and Community Education

Parent and community education campaigns connect children to needed services and promote practices that strengthen families and improve children's health and development.

Quality Preschool Initiative (QPI)

QPI is a multi-tiered service delivery model that provides high quality preschool services in public and private center-based and home-based early childhood programs in twelve high-need communities in San Diego County.

Random Digit Dial Immunization Project (RDD)

RDD is conducting community research to determine the immunization rate for children ages 19 to 35 months in San Diego County.

San Diego Adolescent Pregnancy and Parenting Program (SANDAPP)

SANDAPP improves health outcomes for pregnant and parenting adolescents and their children through case management, counseling and parent-child therapy. Its goals are to promote high school graduation, effective parenting skills, youth development and self-sufficiency.





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Introduction



Introduction



“First 5 has completely changed our home for the better. I am so grateful to have this amazing opportunity.”

- Amelia

What is First 5 San Diego?

The First 5 Commission of San Diego County (First 5 San Diego) promotes the health and well-being of young children during their most critical years of development, from the prenatal stage through five years of age. Our goal is to help ensure that every child in San Diego County enters school ready to succeed. First 5 San Diego provides our county’s youngest children with access to healthcare, developmental checkups and services, dental care, quality preschool and early education programs, obesity prevention and family support services.

Why the First 5 years?

The first five years of a child’s life are critical to a child’s development, shaping his/her success in school and in life. Yet nationally, less than 10% of public investments in education and development are spent on children in this age range.¹ First 5 San Diego targets its resources to give young children the opportunities they need to reach their highest potential and enter school healthy and ready to succeed.

Four Program Areas

The overarching goal of the First 5 San Diego Strategic Plan 2010-2015 is to strengthen the relationships that are essential for the healthy development of young children. These relationships are addressed in four key areas:

- **Health:** Promote each child’s healthy physical, social and emotional development.
- **Learning:** Support each child’s development of communication, problem-solving, physical, social-emotional and behavioral abilities, building on their natural readiness to learn.
- **Family:** Strengthen each family’s ability to provide nurturing, safe and stable environments.
- **Community:** Build each community’s capacity to sustain healthy social relationships and support families and children.

Vision

The ultimate goal of the Commission’s work is that all children ages zero through five are healthy, are loved and nurtured, and enter school as active learners.

Mission

The First 5 Commission of San Diego County leads the San Diego community in promoting the vital importance of the first five years of life to the well-being of children, families and society.



The Reach of First 5 San Diego

Who did First 5 San Diego serve?

During FY 2012-13, a total of 88,484 San Diegans received services via First 5 San Diego programs (Figure 1.1). These include health and dental services, quality preschool, parenting classes and much more. Over 60,000 children from birth through age five were served. Thousands of additional young children and their parents benefitted from community-wide services such as new parent kits, a parent warm line, community health screenings and media messages. This year, First 5 San Diego served nearly one in four children ages zero through five in San Diego County – an extraordinary impact on our community.

As shown in the charts to the right, First 5 San Diego programs served slightly more boys (52.6%) than girls (47.4%) (Figure 1.2). Slightly fewer children under age 3 (43.4%) were served relative to children between the ages of three and five (56.6%) (Figure 1.3).

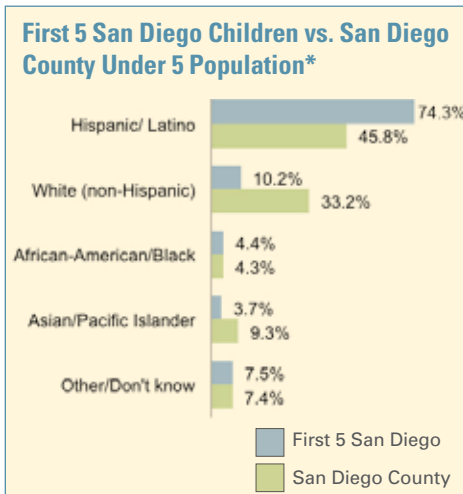


Figure 1.4

What were the ethnicities and languages of children and parents served?

The majority of children (74.3%) and parents (67.6%) served by First 5 San Diego programs are Hispanic/Latino. First 5 San Diego programs served proportionally smaller percentages of children and adults in the White (non-Hispanic), African-American and Asian/Pacific Islander categories (Figures 1.4 and 1.5).² Overall, 51.9% of children served spoke English as their primary language and 46.3% spoke Spanish. Fewer parents than children were native English speakers (48.5%) and a greater percentage were native Spanish speakers (48.2%). The next most common languages spoken by clients were Somali, Tagalog and Vietnamese – all at less than 1%.

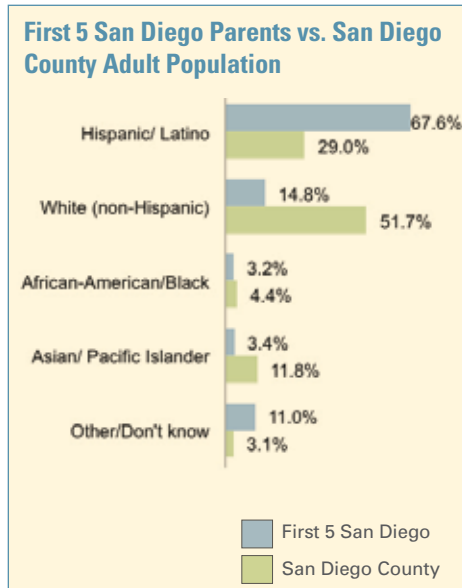


Figure 1.5

* San Diego County Census data capture information for children under age five, while First 5 San Diego data include children under age six.

“Thank you for your help. You have opened many opportunities for my son.”

- Celia

Number of San Diegans who Received First 5 Services

Children	60,531
Parents or Caregivers	25,119
Providers	2,834
Total	88,484

Figure 1.1

Gender of Children Served

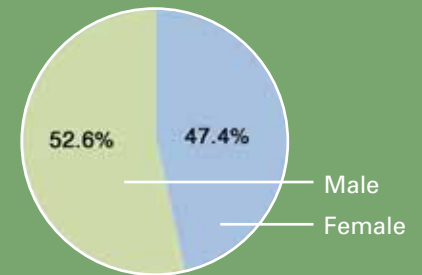


Figure 1.2

Ages of Children Served

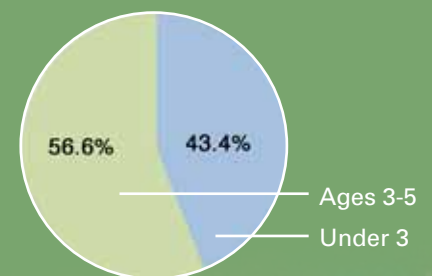


Figure 1.3



Health





Health

“I can already see my child improving socially and verbally over the short time we’ve been coming here.”

- Alexis

Why Health?

Ninety percent of a child’s brain develops in the first five years of life.¹ Developmental and social-emotional delays experienced during this critical period may negatively affect learning, language and social development. Research shows that dollars spent on early childhood development provide life-long benefits and long-term savings to the public.³

What does First 5 San Diego do?

First 5 San Diego programs support healthy child development by providing developmental, behavioral, home visiting and dental services to children ages zero through five and their families, as well as professional development to help early childhood education providers support children’s development. Recognizing that preventive care plays a critical role in maintaining good health, First 5 San Diego also provides health insurance enrollment assistance for young children and their families.⁴

What does First 5 San Diego fund?

First 5 San Diego funds four major health initiatives: Healthy Development Services (HDS), Healthcare Access (HCA), KidSTART and the Oral Health Initiative (OHI). Each initiative provides a unique contribution to improving health outcomes for San Diego’s young children. Other First 5 San Diego programs that play an important role in addressing health needs include: Black Infant Health (BIH), California School Aged Families Education (Cal-SAFE), community water fluoridation, Developmental Screening and Enhancement Program (DSEP), Maternity Shelter Program (MSP), Mi Escuelita Therapeutic Preschool, Quality Preschool Initiative (QPI), San Diego Adolescent Pregnancy and Parenting Program (SANDAPP) and First 5 First Steps (F5FS).

How do families get connected with services?

Many of the First 5 San Diego health initiatives provide multiple levels of support for children and families through a comprehensive system of care (Figure 2.1). One of the first services many children receive from First 5 San Diego is a developmental “checkup” or screening (Step 1). A screening gives parents a picture of how their child is progressing in key developmental areas (e.g., speech, learning, fine and gross motor skills and social-emotional development). If a child demonstrates a developmental delay, providers follow up with a more comprehensive assessment to determine the level of care needed (Step 2). Providers then use assessment results to tailor treatment or offer an appropriate referral to address the child’s specific needs (Step 3).

Funding: \$16,882,741

Numbers served

- 82,816 children
- 25,057 parents
- 3,139 providers

Highlights

- 4,645 families served by HCA established a medical home
- 81% of children and 78.2% of pregnant women with dental disease received treatment
- 86% of children receiving treatment for a developmental delay demonstrated gains beyond typical development
- 94% of children receiving specialized behavioral treatment for a behavioral delay demonstrated gains

Health System Navigation

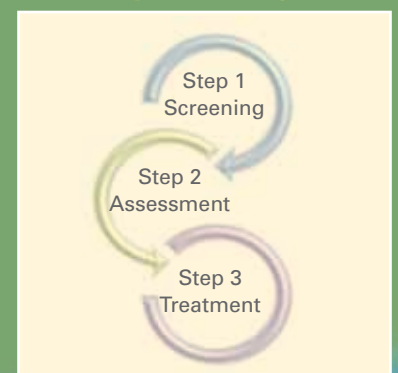


Figure 2.1

Ensuring Access to Healthcare



“If I hadn’t come to you, I don’t know how I would have started applying for Medi-Cal for my pregnancy. I really needed to be linked to a doctor.”

- Chantel

Why is Healthcare Access important?

Individuals with health insurance are more likely to use preventive services, which improve overall health.⁵ In 2012, 19.3% of children in the United States ages zero through five lacked adequate health insurance, with poor children and children of color the least likely to be insured.⁶ Health insurance coverage facilitates children’s access to a regular source of medical care, including well child visits and immunizations, which help prevent illness and allow doctors and families to monitor a child’s developmental milestones.⁵ Similarly, health insurance coverage for pregnant women helps to ensure expectant mothers have access to prenatal care, increasing the likelihood that any health problems are caught and addressed early on.⁷

Who did First 5 San Diego serve?

In total, HCA helped 11,994 children and 2,959 pregnant women enroll in health insurance (Figure 2.2). After enrollment, HCA staff follows up with families at regular intervals to ensure enrollment is maintained. Upon each follow-up, families receive information to encourage the appropriate use of health services (such as doctor’s office visits as opposed to emergency room visits), regular preventive care with doctors and dentists, and a link to a medical home (a place where a child has an ongoing relationship with a personal physician).

This year, 4,645 HCA parents reported that their children were linked to a medical home, an important indicator of health and well-being.⁸ For nine years, HCA has consistently demonstrated strong outcomes for children retaining their health coverage, being linked to a regular medical provider, having regular doctor and dental visits, and reducing emergency room visits.

Number of Clients Enrolled in Health Insurance

Children – New Enrollment	7,237
Children – Renewal Enrollment	4,757
Pregnant Women	2,959
Total Enrolled	14,953

Figure 2.2

Ensuring Good Oral Health



What does First 5 San Diego do?

Oral health services include:

- Dental screening, examination and treatment services for pregnant women and children ages one through five
- Care coordination services for pregnant women and children identified as high risk for dental disease. (Key risk factors include sporadic dental hygiene and care, frequent consumption of sweetened beverages and food, and a history of dental decay within the family.)
- Oral health education for parents and caregivers, pregnant women, early childhood education providers and staff at community-based organizations
- Training for prenatal care providers, general dentists, primary care providers and ancillary staff
- Water fluoridation in the City of San Diego, Olivenhain Municipal Water District and Sweetwater Authority.

Why is Oral Health important?

Dental health is critical in childhood because damage to teeth is both progressive and cumulative.⁹ Left untreated, dental disease can affect a child's sleep patterns, cause problems with speech and language development, and impair psychological well-being and social interaction.¹⁰ In addition, children with poor dental health are more likely to miss school and perform poorly in school.¹¹ Despite these risks, in 2012 an estimated 17.2% of San Diego County children between the ages of 1 and 5 had never visited a dentist.¹² By the time children enter kindergarten, more than half have already experienced dental decay, nearly one-third have untreated decay and almost one-fifth have severe decay.¹³

Dental treatment is also critical for pregnant women, as poor oral health increases the risk of preterm deliveries, low birth weight babies and the transfer of disease between mother and child.¹⁴

Number of Children who Received Oral Health Services

Screenings	26,293
Exams	18,113
Treatment	16,135
Oral Health Education	14,591

Figure 2.3

Number of Pregnant Women who Received Oral Health Services

Screenings	4,389
Exams	4,394
Treatment	4,346
Oral Health Education	2,256

Figure 2.4

Who did First 5 San Diego serve?

During FY 2012-13, OHI providers screened 26,293 children and 4,389 pregnant women for oral health needs and provided oral health education for 14,591 parents of children ages zero through five and 2,256 pregnant women. OHI clinic staff performed a total of 18,113 exams for children and 4,394 exams for pregnant women. Finally, 16,135 children and 4,346 pregnant women who were in need of additional services received treatment (Figures 2.3 and 2.4). Among those clients who were determined to be high risk clients with dental disease, 81% of children and 78% of pregnant women received treatment (Figure 2.5).

Percentage of High Risk Clients with Dental Disease who Received Treatment

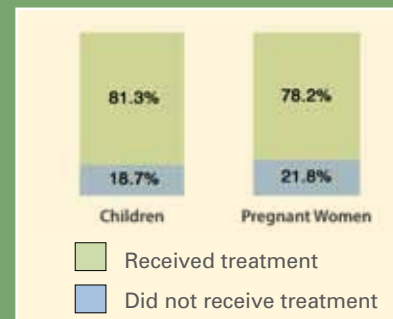


Figure 2.5

Early Identification and Intervention for Developmental Delays



and treatment services (such as occupational, physical, speech and language therapies) to address the developmental needs of young children. Specialized classes and one-on-one coaching for parents are provided to teach families how to support their child's healthy development at home.

It is First 5 San Diego's goal to expand screenings across multiple settings, so that ultimately all children in San Diego will have regular developmental checkups before entering school. Cal-SAFE, DSEP, HDS, KidSTART, Maternity Shelter, Mi Escuelita, QPI and SANDAPP all provide these important screenings for San Diego children. In total, First 5 San Diego providers screened 17,786 children and identified 4,094 with developmental concerns. Developmental treatment was provided to 5,612 children, including those who were referred to First 5 San Diego programs for treatment by outside providers (Figure 2.6).

Why is early intervention for developmental delays important?

Early identification and treatment for developmental delays are crucial for children to learn the skills needed to improve development and lessen or eliminate the need for special services later in life. On an annual basis in the United States, it is projected that approximately 12-16% of children demonstrate developmental and/or behavioral delays, yet only 2% of zero through two year olds and 5% of three through five year olds with delays receive treatment.¹⁵ As a result, many children whose developmental skills are delayed often do not receive their first screening or treatment until after they enter school, when interventions tend to be less effective and more expensive.

What does First 5 San Diego do?

First 5 San Diego programs offer developmental screenings, assessments

Are children with developmental concerns improving?

Developmental treatment services are provided through DSEP, HDS and KidSTART for children with mild, moderate or complex needs. Children identified with a developmental concern receive treatment aimed at supporting and monitoring growth in cognitive, language, motor, social-emotional and self-help domains. Children served through HDS and KidSTART are assessed both at the beginning (pre) and end (post) of treatment. The average percent delays for children at both the beginning and end of treatment are presented for children with mild to moderate needs in Figure 2.7 and for children with complex needs in Figure 2.8.

Overall, 85.8% of children with concerns receiving developmental treatment through HDS or KidSTART demonstrated gains in at least one developmental domain.

Number of Children who Received Developmental Services

Children Screened	17,786
Children with Developmental Concern	4,094
Children who Received Developmental Treatment	5,612

Figure 2.6

Change in Average Percent Delay for Children with Mild to Moderate Developmental Delays

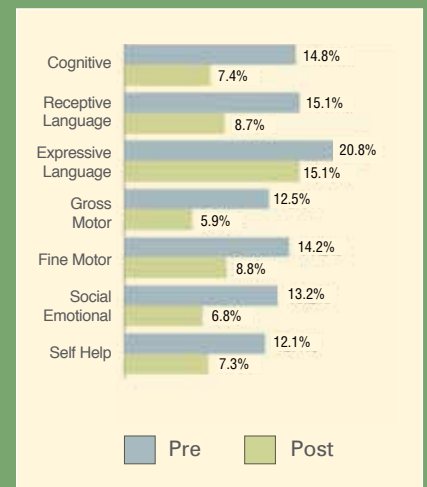


Figure 2.7

Change in Average Percent Delay for Children with Complex Developmental Delays

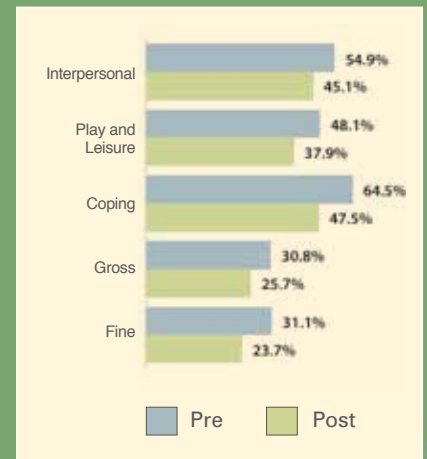


Figure 2.8

Early Identification and Intervention for Behavioral and Social Emotional Delays

Why is early intervention for behavioral and social emotional delays important?

An estimated 9% to 14% of children between the ages of zero through five experience social-emotional problems that negatively impact their functioning, development and school readiness.¹⁶ Treating behavioral concerns in early childhood may prevent the onset of mental health disorders, reduce future behavior concerns and increase a child's ability to manage his or her emotions.^{16, 17, 18}

What does First 5 San Diego do?

First 5 San Diego funds programs that provide screenings, assessments and treatment services that specifically target the behavioral and social-emotional needs of children zero through five years of age. Specialized classes and one-on-one coaching with parents and early childhood education teachers are offered to promote a comprehensive approach to well-being. Through DSEP, HDS and the KidSTART Clinic, First 5 San Diego providers have screened 6,646 children, identified 2,164 children with behavioral concerns and provided behavioral treatment for 3,292 children, including those referred from other providers (Figure 2.9).

Are children's behavioral problems decreasing after treatment?

The behavioral treatment services offered by First 5 San Diego through the KidSTART Clinic and HDS are customized

to meet each child's unique needs. This year, 3,292 children received treatment aimed at reducing internalizing behaviors (such as anxious or depressive symptoms) and externalizing behaviors (such as aggressive and hyperactive symptoms).

- Overall, 93.9% of children who were identified with behavioral concerns and received specialized behavioral treatment showed improvement.
- Of those children served by HDS and KidSTART, 82.1% reduced their total behavioral problems. (Figure 2.10).

Are children's behaviors improving in early education settings?

One approach to measuring improvement in behavior is to identify increases in "protective factors" that strengthen children's resilience, their abilities to form relationships, get their needs met, regulate strong emotions and explore their surroundings. This year's results show that children's protective factors increased after their teachers received special training and consultation (Figure 2.11). Specifically, children showed an increase in the following areas: initiative (using independent thought and action to meet needs), self-control (expressing feelings through socially appropriate words and actions) and attachment (mutual, strong, long-lasting relationships with significant adults).

Overall, 96.1% of children whose early childhood education teachers received consultation services through HDS showed an increase in protective factors or a decrease in behavioral concerns.

Number of Children who Received Behavioral Services

Children Screened	6,646
Children with Behavioral Concern	2,164
Children who Received Behavioral Treatment	3,292

Figure 2.9

Percentage of Children who made Behavioral Gains as a Result of Treatment

Internalizing Behaviors	79.3%
Externalizing Behaviors	80.1%
Total Behaviors	82.1%

Figure 2.10

Change in Protective Factor Mean Scores for Children in Behavioral Services

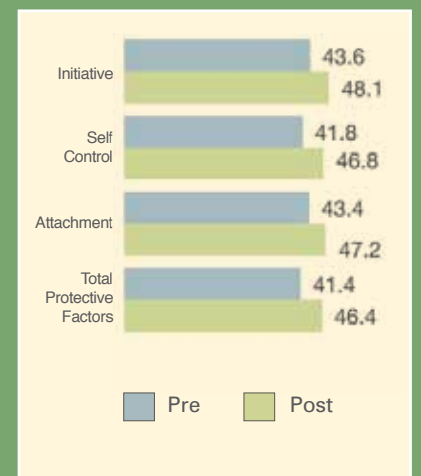


Figure 2.11

Family Stories

The positive impact of First 5 services



“One of the most helpful parts about going to treatment was realizing that other parents were dealing with similar issues. By the end of treatment my daughter, Tanya, became more of a happy, smiling kid.”

- Andria

Sam's emerging abilities

Two year old Sam* was referred to a Healthy Development Services (HDS) Speech class for a speech delay. During the first session Sam did not want to participate and was very attached to his mother, Anna*. He ran around the room and would not sit down, follow instructions or take turns. It was very challenging to understand his

needs as he could only communicate through pointing and babbling. The Developmental Specialist encouraged Anna to follow the same practices modeled during class, to use baby signs at home to decrease his frustration and to practice taking turns on a daily basis. By the fourth class, Sam was able to sit down for longer periods of time, learned how to sign “more,” would wait at least 1-2 turns in a positive manner and began

imitating sounds. Anna was very happy to witness his progress and requested help with potty training. After one-on-one behavior consultations, Anna reported success with potty training and that Sam was sleeping more and his behavior had improved. Anna's positive experience with HDS services motivated her husband to enroll in behavior classes and the entire family is now engaged in supporting Sam's healthy development.

Alejandro's confidence builds

Three year old Alejandro* arrived at a local health clinic with a toothache but with no dental insurance. Alejandro and his mom were referred to Oral Health Initiative for services. Despite Alejandro's initial anxiety about visiting the dentist, OHI staff made him feel comfortable by showing him books, giving him his own toothbrush and explaining that the dentist was simply going to count his teeth and look for “sugar bugs.” This put Alejandro at ease and the dentist was

able to complete a full exam, including two x-rays. Alejandro had multiple cavities and needed to see a pediatric specialist. He returned two days later for a cleaning and a week later to have his cavities filled. He appeared confident and was no longer nervous about seeing the dentist. His mom said he no longer complained of toothaches and was now able to chew his food properly. Alejandro and his mom now practice good dental hygiene at home and will return in six months for a routine check-up.

** Names of children and families have been changed to protect confidentiality.*



Learning





Learning

“The Quality Preschool Initiative supported our preschool program by helping us identify the needs of our students, make referrals to services for our students and families, improve the environment in our classroom and ensure a safe and healthy quality program for our children.”

- Josie

Why Learning?

Research has shown that children who participate in quality early learning environments have better outcomes in school and in life.¹⁹ Key benefits of quality early learning include: improved early literacy, reduced need for special education, improved cognitive abilities, greater motivation for learning, decreased social-emotional problems, better school attendance, higher rates of high school completion, increased likelihood of attending college and higher life-long earning potential.^{20,21,22,23,24}

What does First 5 San Diego do?

To ensure that San Diego children are ready to succeed when they enter school, First 5 San Diego has dedicated significant resources to increasing the number of children who attend preschool, enhancing preschool classroom quality, and supporting the professional development of early childhood education (ECE) staff.

What does First 5 San Diego fund?

Drawing on recommendations from early education research and best practices used in successful programs around the country, First 5 San Diego funds two important learning programs: the Quality Preschool Initiative (QPI) and Mi Escuelita Therapeutic Preschool. Healthy Development Services (HDS) also provides consultations and training for ECE staff on social-emotional development and how to support children with behavioral challenges.

Funding: \$20,516,790

Numbers served

- 11,348 children
- 2,468 teachers and staff

Highlights

- Almost 90% of QPI preschool classrooms were rated as top quality
- 93.8% of children made gains in at least five out of seven developmental domains
- Over half of QPI lead teachers have a bachelor's degree or higher

Ensuring Children Attend Quality Preschool

Why is quality preschool important?

Multiple studies have shown that children who participate in high quality preschool have significantly improved outcomes throughout life. They are better prepared for kindergarten, have greater success in elementary school, are more likely to graduate from high school and are more likely to thrive in adulthood.^{21, 25} The benefits of quality early education programs far outweigh the costs for children of all ethnicities and socioeconomic backgrounds.²⁶ However, low-quality preschool programs can be detrimental to children's social-emotional development and behavior.²⁷

What does First 5 do?

First 5 San Diego funds two programs providing quality preschool: QPI and Mi Escuelita. QPI programs provide early childhood education in school-based, community-based and family child care settings to improve the quality of care being provided. Mi Escuelita is a single-site therapeutic preschool for children affected by family violence. A total of 11,348 children received quality preschool through these programs during FY 2012-13 (Figure 3.1).

How is quality measured?

The characteristics of quality preschools include small class size, low child-to-teacher ratios, safe and engaging physical space, culturally-appropriate family engagement, qualified staff and directors, continual assessment of both teacher and student outcomes and a curriculum based on nationally recognized early-learning standards.^{19, 28} These elements are part of the County's Quality Rating and Improvement System (QRIS) supported through the Race to the Top – Early Learning Challenge. To implement QRIS, every classroom receives points based on its performance in the following categories: child development, teacher qualifications and performance, and classroom environment. Each classroom then

receives the QRIS overall rating from 1 (lowest) to 5 (highest) based on these scores. Nearly 90% of QPI classrooms this year were rated with 4's or 5's (Figure 3.3) using tiers.

A specific component of the rating system is the educational attainment of ECE teachers and program directors. Research suggests that preschool teachers with college educations are more effective, nurturing, engaging and provide richer language and cognitive experiences for students.^{29, 30} First 5 San Diego provides incentives to agency directors and teachers to advance their level of education. This year 25 administrators and teachers earned a degree (Figure 3.2). Overall, more than half of QPI lead teachers have a bachelor's degree or higher.

Is quality preschool helping children?

As a group, children attending quality preschool programs funded by First 5 San Diego made significant gains in every developmental domain (Figure 3.4). Additionally, 93.8% of children with room for improvement made gains in at least five of the seven developmental domains.

Is quality preschool helping to support children with special needs?

Children with special needs are in a better position to succeed when they have had their needs identified and supported before they enter kindergarten. QPI places a specific focus on special needs identification through systematic screenings and teacher-based observations. This year, 99.0% of the 1,521 children identified with a concern received a referral or treatment. In addition, 151 children with learning difficulties had an Individualized Education Program (IEP) in place by the end of the year. The IEP designation is a great help for families as it provides access to no-cost services and supports for children.

Number of Children who Received Quality Preschool

Quality Preschool Initiative	11,235
Mi Escuelita	113
Total	11,348

Figure 3.1

Number of Degrees Earned by QPI Administrators and Teachers

Associates	3
Bachelors	17
Masters	5
Total	25

Figure 3.2

Percentage of QPI Classrooms at each Quality Rating Level

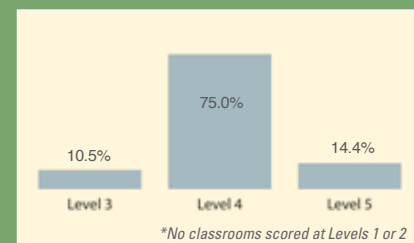


Figure 3.3

Percentage of QPI Children who Made Developmental Gains

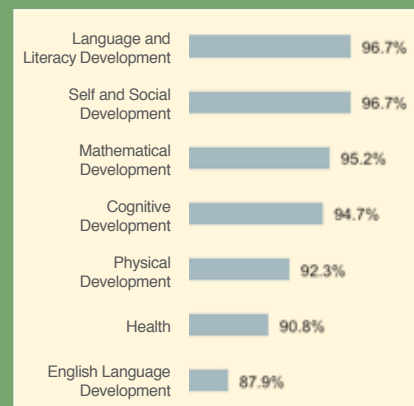


Figure 3.4

Prepared Early Childhood Education Providers



What does First 5 San Diego do?

First 5 San Diego funds multiple professional development opportunities for QPI preschool teachers and administrators. These opportunities focus on teacher/child interactions, systematic coaching and customized professional development plans. Close to 900 teachers participated in these trainings. Additionally, through HDS, classes and consultations were provided to over 1,500 ECE staff this year to improve their ability to address behavior issues in the classroom (Figure 3.5).

What is the impact of professional development?

First 5 San Diego's investment in the professional development of ECE staff has increased classroom quality. The Classroom Assessment Scoring System (CLASS) is a quality assessment tool administered by a trained, independent observer who rates teacher/child interactions across three domains: emotional support (e.g., teacher sensitivity), classroom organization (e.g., behavior management) and instructional support (e.g., modeling appropriate language for students). This year, average QPI CLASS scores ranged from 3.5 to 5.9 out of 7 across the three domains, indicating a high level of classroom quality (Figure 3.6).

Number of Early Childhood Education Teachers who Received Professional Development

Quality Preschool Initiative	891
Healthy Development Services	1,577
Total	2,468

Figure 3.5

Average CLASS Scores

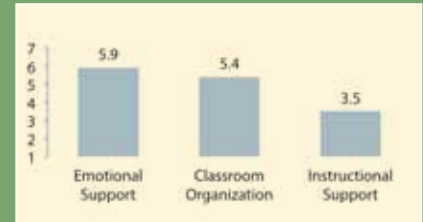


Figure 3.6

Why is professional development important?

Professional development opportunities for teachers, whether in the form of one-on-one mentoring, peer-based coaching or large session workshops, are important to the development and maintenance of the skills and knowledge needed to offer high quality instruction.³¹ Multiple studies have demonstrated the link between the professional development and training of ECE providers and greater language and literacy gains of the children in the classroom.^{29,32} In addition, because early intervention is an effective way to address children's developmental and behavioral concerns, professional development helps to ensure that teachers have the knowledge and skills to detect and respond to problems as early as possible.^{22,33}



Family Stories

The positive impact of First 5 services



"I know I'll cry when I see my son run into his preschool classroom saying "bye Daddy," but I know that he is going to receive the best schooling possible thanks to First 5 San Diego."

- Fernando

A mother's lesson

Belinda's* son, Darius*, recently completed his first and only year of preschool at a QPI program. Belinda was very impressed with the program's ability to meet the needs of each child, saying, "The group of children here is so diverse, yet the program was able to accommodate each of them." Darius is her first child old enough to attend preschool and Belinda was amazed at the impact. "The program made the transition from Darius never having gone to school, to coming into this environment, and now getting ready to start kindergarten, so easy. He's not only ready for kindergarten, he's excited for it! He says he can't wait to meet his new teacher."

Not only did Darius' experiences in QPI prepare him for kindergarten, but Belinda also learned an important lesson. Belinda explains, "This program encouraged a lot of parent involvement. Many of the projects we did took a lot of time on the weekends. What I finally understood was that it wasn't about the end result, 'like let's get an A on this project,' but it was more about quality time we spent together. It taught me to be more involved every day with what Darius is doing."

** Names of children and families have been changed to protect confidentiality.*



Family





Family

“My son looks forward to our parent/child classes every week, and I have learned a lot of things to do on our own at home. Friends and family have even started to comment on his improvement.”

- *Andrew*

Funding: \$4,880,904

Numbers served

- 10,973 children
- 15,811 parents

Highlights

- 97% of parents tell stories or sing songs to their child
- 78% of parents know more about age appropriate child development
- 71% of parents regularly read to their child

Why is Family important?

Research shows that “the environment provided by a child’s caregivers has profound effects on virtually every facet of early development, ranging from the health and well-being of the baby at birth to the child’s readiness to start school at age five.”¹ A child’s first exposure to language, attitudes, behaviors and socialization occurs in the home. Parents and caregivers with the skills and knowledge to interact positively with their children, particularly in the first five years of life, can help to enrich their children’s development and act as a protective factor for growth and learning in years to come.³⁴

What does First 5 San Diego do?

Through care coordination, parent education and parenting resources, First 5 San Diego enhances the skills, comprehensive support and services parents need to promote their children’s optimal development and school readiness.⁴ First 5 San Diego supports parenting classes, workshops and resources to help parents learn how to best support their child’s learning, behavior and health.

What does First 5 San Diego fund?

First 5 San Diego supports families through the following programs: Black Infant Health (BIH), California School Aged Families Education (Cal-SAFE), Developmental Screening and Enhancement Program (DSEP), Healthy Development Services (HDS), KidSTART, Maternity Shelter Program (MSP), Mi Escuelita Therapeutic Preschool, Oral Health Initiative (OHI), Quality Preschool Initiative (QPI), San Diego Adolescent Pregnancy and Parenting Program (SANDAPP) and First 5 First Steps (F5FS). In addition, general parenting information and resources are provided through the Kit for New Parents and the First 5 Newsletter.

Parent Education, Support and Empowerment



- Encourage and support a parent's involvement in their child's development;
- Engage parents as active participants in their child's treatment;
- Support parents in advocating for their child's needs;
- Inform parents how to access available tools and community resources.

Who did First 5 San Diego serve through care coordination?

Many children in programs such as DSEP, HDS, KidSTART and OHI have multiple service providers working with families to best meet a child's needs. Care Coordinators are staff at these programs devoted to coordinating services for children and supporting families to navigate the complex system of care to address a child's multiple needs. Care Coordinators often help families obtain referrals to needed services and address barriers (e.g., transportation) to attend appointments. They also monitor a family's progress through the creation of detailed treatment plans.

Care coordination services are particularly complex when working with children in the child welfare system. These children often have developmental delays and challenging behaviors due to exposure to traumatic life events. First 5 San Diego's DSEP and KidSTART programs provide intensive family support, coaching and case management for families of children with complex physical, behavioral and developmental needs.

This year, a total of 19,494 individuals received care coordination services through First 5 San Diego programs (Figure 4.1), including:

- 1,178 children and 1,343 parents in DSEP and KidSTART;
- 5,614 children and 5,200 parents in HDS; and
- 4,181 children and 1,978 pregnant women in OHI.

Received First 5 Care Coordination Services

Children	10,973
Parents or Caregivers	8,521
Total	19,494

Figure 4.1

Highlights

- 5,565 parents received parent education services
- 49,251 parents received educational materials and information on parenting skills



Why are services to families important?

Effective parent support programs have been linked to better physical, cognitive and emotional development in children, improved parent-child relationships, effective discipline, decreased rates of child abuse and neglect and reduced substance abuse in adolescence.³⁵ Educating parents is a key strategy in the promotion of children's overall well-being.³⁶

What services does First 5 San Diego offer for families?

Services that improve parents' and caregivers' (hereafter referred as "parent") overall skills and confidence are woven throughout multiple First 5 San Diego initiatives.

The care coordination in initiatives such as DSEP, HDS, KidSTART and OHI, and parent education services and resources offered by HDS, OHI and QPI have the following similar characteristics:

Parent Education, Support and Empowerment

How does First 5 San Diego support parent education?

First 5 San Diego supports two different approaches to parent education: targeted education to parents whose children participate in First 5 San Diego programs and general parent education available to the broader community.

What was the impact of targeted parent education?

This year, 5,565 parents received parent education services through First 5 San Diego initiatives. These services were typically in the form of classes and trainings in which parents learned about such topics as how to support their child's health, the importance of play, the impact of relationships, healthy social-emotional development and how to access important community resources.

The following highlight the positive results of First 5 San Diego's parent education programs:

- 93.6% of parents who participated in HDS and KidSTART parenting classes reported understanding how to advocate for their child (Figure 4.2).
- 78.1% of parents who participated in HDS parenting classes and QPI programs reported an increase in their knowledge of age appropriate child development.
- 71.2% of parents who participated in QPI parenting classes reported reading to their child three or more days per week.



What was the impact of general parent education?

In addition to the parent education services offered through First 5 San Diego initiatives, First 5 San Diego also funds the customization and distribution of the Kit for New Parents. The Kit is a free parenting resource available to all new and expectant parents that includes advice and useful tips to best prepare parents for the joys and challenges of parenting. This year a new resource – Daddy's Tool Bag – was added for expectant fathers. The Kit is available countywide in 6 languages (English, Spanish, Mandarin, Vietnamese, Cantonese and Korean). Nearly 34,000 Kits for New Parents were distributed to parents in San Diego County.



"I am very pleased with the services and literature my family has received. I have a huge amount of respect for your staff and the work they do with families. The patience they demonstrate is great!"

- Daniel

Percentage of Parents with Knowledge of How to Support their Child (HDS and KidSTART)

Know how to advocate for my child	93.6%
Understand my child's needs	90.9%
Help my child learn and develop	90.6%
Know where to turn for resources	83.1%

Figure 4.2

Percentage of Parents Participating in Parent/Child Engagement Activities (QPI)

Help my child learn words/numbers	99.2%
Play active games/exercise together	98.2%
Do arts and crafts	96.9%
Tell stories or sing songs to my child	96.7%

Figure 4.3

Family Stories

The positive impact of First 5 services



“I got a lot of tips and encouragement from the classes. The little tricks they taught me really work. Since taking the classes, I can really see improvement in Dominic’s behavior. The instructor is very helpful and really takes time to listen and gives great advice.”

- *Sonia*

A family partner

Four year old Anthony* and his three year old sister Julia* came to KidSTART with a variety of needs. Anthony required speech, behavioral and mental health treatment, while Julia needed speech therapy and was diagnosed with liver disease and asthma. Anthony and Julia often missed their treatment appointments. Their mother, Donna*, who suffered from depression, had been evicted from her apartment and did not have a car. While Donna reported that transportation was their biggest barrier to accessing services, it was clear that her

mental health and housing needs also played a role.

To address their transportation issues, KidSTART staff accompanied the family to purchase bus and trolley tokens and rode with them through several transfers. During this time, staff reinforced Donna’s skills to navigate public transit and presented simple ideas for how to keep the children occupied during the long rides. To address their housing issues, KidSTART staff connected the family with a program that assisted with security deposits and greatly increased the family’s income by helping Donna apply for SSI benefits. After developing a

trusting relationship, staff broached the topic of Donna’s mental health needs. With Donna’s permission, KidSTART staff consulted with her psychiatrist and helped her find ways to relax and manage her daily stress. With KidSTART’s support, Donna was able to enroll Anthony and Julia in a program at a local center, which helped her children’s socialization and development. This combination of professional intervention and real-life coaching helped Donna reduce her stress and overcome obstacles to obtaining the necessary treatment for her children.

* Names of children and families have been changed to protect confidentiality.

Community



Community



"I'm not afraid anymore while I raise my child. I have support and resources."

- Margaret

Why is Community important?

The communities in which young children and their families live play a vital role in shaping their well-being. Community characteristics (e.g., air quality, food options, and places to play and exercise) influence a child's health as well as a parent's ability to effectively establish healthy habits for his or her family.

What does First 5 San Diego do?

First 5 San Diego invests in countywide services to promote a more efficient, customer-focused network that prioritize continuity of care and service quality. By building community and organizational capacities, First 5 San Diego integrates its efforts with *Live Well San Diego* – the County's 10-year plan to achieve the vision for healthy, safe and thriving communities.

What does First 5 San Diego fund?

First 5 San Diego is committed to supporting a healthy and thriving community for children and families by funding projects that build knowledge, infrastructure and capacity. Through broad-reaching investments, such as Information and Referral Services, Parent and Community Education, the Childhood Obesity Initiative, Capital Projects and Community Water Fluoridation, First 5 San Diego strengthens the community's capacity to support the healthy development of children ages zero through five.

Funding: \$6,353,810

Numbers served

- 98,206 children and parents

Highlights

- Promoted healthy development and healthy eating through "Good Start" campaign which achieved 57.6 million gross impressions
- Funded water fluoridation for the Olivenhain Municipal Water District, which serves the North Region of San Diego County.



Building a Healthy and Thriving Community



First 5 San Diego also created a presence in the community by sponsoring or participating in community events and professional education conferences countywide that reached more than 81,895 families with children ages zero through five. To engage families at community events, First 5 San Diego has an interactive exhibit that educates families about nutrition and the importance of physical activity. Activities included coloring stations, a teeth-brushing demonstration, games and a nutrition station. As prizes for participation in the activities, families received educational tools such as nutrition portion plates, books and water bottles.

How is First 5 San Diego supporting community awareness?

First 5 San Diego actively seeks to increase the community's awareness of the importance of the first five years of life. During the fall and spring, First 5 San Diego conducted the fifth phase of its "Good Start" campaign, which promotes healthy lifestyles for young children and their families, a key goal of the County's *Live Well San Diego* initiative. The campaign focused on promoting healthy development checkups and adopting healthy eating habits, including the San Diego County Childhood Obesity Initiative's "5210 Every Day!" (5 fruits and vegetables a day, 2 hours or less of recreational screen time, 1 hour of physical play and 0 sugary drinks) program. The "Good Start" campaign achieved more than 57.6 million gross impressions – the number of times elements from the campaign are seen – and leveraged over 230% in matched media (such as radio announcements and bus shelter posters).

How is First 5 San Diego connecting families to services?

Children and parents who are receiving services through one of First 5 San Diego's programs often receive referrals to other First 5 San Diego agencies or to other community providers to help ensure that all of their family's needs are addressed. There were 28,718 of these health and social service referrals made by providers.

First 5 San Diego supports referrals for the broader San Diego community through 2-1-1 San Diego and the First 5 San Diego Warm Line (1-888-5 FIRST 5). By dialing either of these numbers, any family in San Diego County can be connected to health and social services near them. During FY 2012-13, 2-1-1 made 69,488 referrals for families with children ages zero through five.



Building a Healthy and Thriving Community



How is First 5 San Diego improving communities?

Many investments made by First 5 San Diego have the capacity to reach a large number of San Diego residents. For example, the community water fluoridation project, supports water fluoridation in the City of San Diego and the Olivenhain Municipal Water District. A third water fluoridation project is currently underway with Sweetwater Authority. In total, these three projects will improve the oral health of over 130,000 San Diego children ages zero through five.

A number of First 5 San Diego projects play significant roles in creating and improving countywide and regional systems that provide services for young children and their families – in particular, Healthy Development Services (HDS), the Quality Preschool Initiative (QPI), and the Oral Health Initiative (OHI). These

projects have transformed the scope, availability and quality of developmental, early childhood mental health, preschool and dental services for young children in San Diego County. The work of HDS, QPI and OHI has created more comprehensive and coordinated service networks; made it easier for families to access services; streamlined processes and reduced duplication of services; improved the training and skills of staff; and leveraged resources to improve sustainability of these programs.

Another lasting impact of First 5 San Diego funds are 47 structural improvements from capital projects. These projects build critical infrastructure that offer long-term benefits to children and families. In FY 2012-13, one capital project remained active: the Murphy Canyon Child Development Center, which will serve military families. The Center is projected to be completed in FY 2014-15.

Co-Sponsored Community Events

Here are two of the many events sponsored by First 5 San Diego:

YMCA Healthy Kids Day (Chula Vista & San Diego)

- YMCA of San Diego County hosted a free community event at all branches throughout the County to encourage children's physical activity and healthy living for the entire family.

Kids First Fair (Camp Pendleton)

- Kids First Fair was part of a month long awareness campaign focusing on safe children and healthy families.



Family Stories

The positive impact of First 5 services



“I never knew there were so many resources available for parents of young children in my community until I called First 5.”

- Kisha

Supporting multiple needs

A friend told Maria* that she should call First 5 San Diego regarding her concerns about her 8 month old son, Juan Pablo.* When Maria called the First 5 San Diego Warm Line, the 2-1-1 representative referred Maria to the Healthy Development Services (HDS) provider closest to her home. The representative learned that Maria wasn't signed up for the Women Infant and Children (WIC) program, so she educated her about the program and Juan Pablo's potential eligibility. She also sent her a Kit for New Parents, since Maria didn't have one.

Ten days later, the 2-1-1 representative followed up with Maria to see how Juan Pablo's appointment went. Maria reported that Juan Pablo received a developmental assessment and she was learning new strategies for supporting Juan Pablo based on his needs. Maria was already using the materials in the Kit for New Parents and she had recently signed up for WIC. Maria told the 2-1-1 representative that the information and support she received from First 5 San Diego helped her feel more confident in her ability to raise her son.

** Names of children and families have been changed to protect confidentiality.*



Financial Information: Investments and Leveraged Resources

First 5 San Diego Community Investments

During FY 2012-13, First 5 San Diego invested a total of \$48,634,245 to provide comprehensive health, education and family strengthening services for young children and their families. These funds were distributed among the four key goal areas identified in the 2010-2015 Strategic Plan: Health, Learning, Family and Community. Investments included countywide initiatives, capital projects that support the physical infrastructure of programs that serve children zero through five, and a series of programs that address emerging critical needs for children in the community.

Funds and resources leveraged

As a direct result of the Commission's financial investments, contractors leveraged an additional \$9,704,671 in cash and in-kind support. Many of the leveraged funding streams (Figure 5.2) have match requirements that were only accessible due to the availability of First 5 San Diego dollars.

These leveraged funds and resources are critical to building capacity within and across programs and agencies in San Diego County. First 5 San Diego dollars are expected to decrease over time, but it is hoped that the capacity built through leveraging will allow agencies to continue improving the lives of children and families for years to come.

Statement of Revenues, Expenditures and Changes in Fund Balance

(June 30, 2013)

Revenues:

Prop 10 Tobacco Tax	\$ 18,461,833
Prop 10 Quality Preschool Initiative	13,426,675
Prop 10 Child Signature Program	3,354,625
Federal Medi-Cal Administrative Activities	75,833
Race to the Top	1,018,700
Interest Revenue	777,073
Net decrease in FMV	(347,800)
Total Revenues	36,766,939

Expenditures:

Salaries and Benefits	2,836,095
Services and Supplies	619,849
Evaluation	1,416,937
Contributions to Community Projects	48,634,245
Total Expenditures	53,507,126

Net change in fund balance	(16,740,187)
Fund balance, beginning of fiscal year	144,229,473
Fund balance, end of fiscal year**	\$ 127,489,286

** Fund Balance includes the Commission's Operating and Sustainability funds.

First 5 San Diego Investments by Program Area

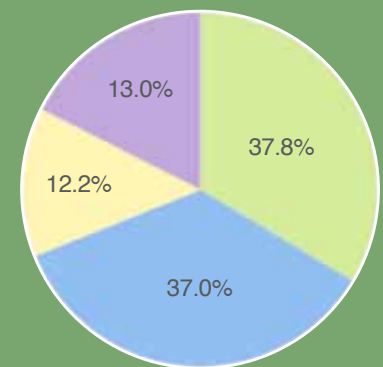


Figure 5.1



Leveraged Funding*

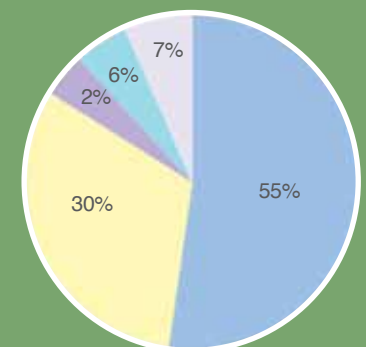
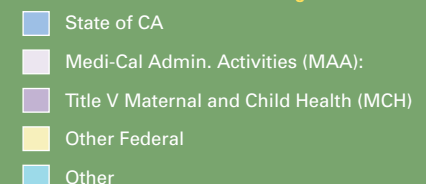


Figure 5.2



*In kind support is not included in this chart.

The Road Ahead



The Road Ahead for First 5 San Diego

First 5 San Diego continues to be at the forefront of national, state and local trends in services for children ages zero through five and their families.

The Commission's investments in programs like the Quality Preschool Initiative (QPI) and Mi Escuelita Therapeutic Preschool continue to support the region's progress towards realizing the President's vision of "raising the bar on the quality of early childhood care and education programs."³⁷ Similarly, being awarded one of 16 Race to the Top- Early Learning Challenge grants in the state, First 5 San Diego continues to lead state and national efforts to define high quality early learning.

Federal government agencies like the Substance Abuse and Mental Health Services Association (SAMSHA) have selected early identification and treatment of mental health concerns in young children as key components of their national mental health agendas.³⁸ First 5 San Diego has taken a leadership role in supporting early childhood mental health in San Diego County through programs such as Healthy Development Services (HDS), KidSTART, and Developmental Screening and Enhancement Program (DSEP).

Also on the national horizon for 2014 and beyond, the Affordable Care Act (ACA) is transforming health care systems and the availability of health care options for all Americans. Since 2004, the First 5 San Diego Health Care Access (HCA) initiative has been helping to support uninsured children and pregnant women in San Diego by enrolling them in health insurance. HCA providers have continued to support San Diego

families during the transition to the ACA by becoming Certified Enrollment Counselors (CECs), with the ability to enroll children and families in health insurance through Covered California.

Finally, home visitation programs are nationally recognized best practice models proven to strengthen parent-child relationships, increase development of early language and literacy skills, and reduce child abuse and neglect.³⁹ First 5 San Diego is on the forefront of this national movement by launching First 5 First Steps, an initiative to provide intensive home visitation services to high-risk target populations in San Diego County using two evidence-based service delivery models.

As First 5 San Diego looks toward the future, it must plan for declining revenues. In FY 2013-14, the Commission will spend approximately \$63 million divided almost evenly between revenues (\$32 million) and sustainability funds (\$31 million).

However, by FY 2018-19, community investments will equal expected revenues of approximately \$28 million. With careful planning and a robust approach to leveraging, First 5 San Diego will support the continuation of key projects. It is clear, however, that the next strategic plan will need to consider how to narrow investments while remaining a catalyst for change and innovation to benefit children ages zero through five and their families.



Thank You to Our Funded Partners

A + Preschool & Family Child Care
Alpha Kappa Alpha Head Start
Amaral Family Child Care
American Academy of Pediatrics
Borrego Springs Unified School District
Brisa's Child Care
Cachito's Day Care
California Dental Association Foundation
Carvajal Family Child Care
Child Development Associates
Children's Paradise, Inc.
Chula Vista Elementary School District
City of San Diego
Community Clinics Health Network
Community Health Improvement Partners
Community Health Systems, Inc.
Educational Enrichment Systems
Episcopal Community Services
Escondido Community Child Development Center
Escondido Union School District
Family Health Centers of San Diego
Fuentes Day Care
Grossmont College Child Development Center
Grossmont Union High School District
Hadfield-Egg Family Child Care
Health and Human Services Agency

- Alcohol and Drug Services
- Behavioral Health Services
- Child Welfare Services
- Public Health Services

Home Start, Inc.
Horn of Africa
Idalia's Day Care
Imperial Beach Health Clinic
Indian Health Center
Info Line of San Diego County Inc. (dba 2-1-1 San Diego)
Jewish Family Service of San Diego
King Chavez Academy of Excellence, Inc.
La Maestra Family Clinic
Lemon Grove School District
Little Heaven Family Child Care
Little Sunshine Preschool and Home Care
MAAC Project Head Start



Maricela's Day Care
Mata Family Day Care
MnM's Family Child Care
Motiva Associates
Mountain Empire Unified School District
Mountain Health & Community Services
National School District
Neighborhood Healthcare
North County Health Services
North County Serenity House, Inc.
Newton Center for Affect Regulation
O. Prado, Family Child Care
Oceanside Unified School District
Olivenhain Municipal Water District
Operation Samahan
Palomar Health Development Inc.
Rady Children's Hospital – San Diego
Regents of the University of California
Ridgeview Preschool
S. Prado Family Child Care
San Diego American Indian Health Center
San Diego County Office of Education
San Diego Family Care
San Diego State University Research Foundation
San Diego Unified School District
San Marcos Unified School District
San Ysidro Health Center
San Ysidro School District
SAY San Diego, Inc.
Scripps Mercy Hospital Chula Vista
South Bay Community Services
South Bay Union School District
Southwestern College Child Development Center
St. Vincent de Paul Village, Inc.
Sweetwater Authority
UCSD School of Medicine
US Department of the Navy
Valley Center-Pauma Unified School District
Vista Community Clinic
Vista Unified School District
YMCA of San Diego County
Zavala Family Child Care

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